## Walden Elementary Afterschool Program 2023-2024





SEL Weekly	Monday	Tuesday	Wednesday	Thursday	Friday	
Focus	27	28	29	30	1 Literacy Club: SEL - Post-Survey Comics Power Hour	
Managing Me	4 Sportsmanship Club: Glow in the Dark Bowling Power Hour	5 P.E. Club: SEL (P) - Managing Anger, Jealousy, and Frustration Birds on a Branch Power Hour	6 STEM Club: Fake Snow Power Hour	7 Art Club: SEL (B) - Managing Anger, Jealousy, and Frustration Snowflakes Power Hour	8 Literacy Club: Comics Power Hour	
Managing Me	11 Sportsmanship Club: Glow Stick Hopscotch Power Hour	12 P.E. Club: SEL (P) - Managing Worry, Fear, and Loneliness Birds on a Branch Power Hour	13 STEM Club: Fizzing Holiday Trees Power Hour	14 Art Club: SEL (B) - Managing Worry, Fear, and Loneliness Snowflakes Power Hour	15 Literacy Club: Comics Power Hour	
	18 Sportsmanship Club: Glow in the Dark Cornhole Power Hour	19 P.E. Club: Birds on a Branch Power Hour	20 STEM Club: Ice Tunnels Power Hour	21 Early-Out No Clubs	22 Winter Break No Clubs	
	25 Winter Break No Clubs	26 Winter Break No Clubs	27 Winter Break No Clubs	28 Winter Break No Clubs	29 Winter Break No Clubs	
Monday & Wednesday • 3:15-3:30 – Check In & Snack • 3:30-4:00 - Recess (M, W) • 4:00-4:30 - Enrichment Club • 4:30-5:00 – Power Hour • 5:00-5:30 – Recess • 5:30 - Head home		Tuesday & Thursda	Daily Schedule           Tuesday & Thursday         3:15-3:30 – Check In & Snack           3:30-4:00 - Positive Action SEL (T, Th)         4:00-4:30 - Enrichment Club           4:30-5:00 – Power Hour         5:00-5:30 – Recess           5:30 - Head home         5:30 - Head home		Friday • 1:15-1:30 - Check In • 1:30-2:15 - SEL: Smart Moves • 2:15-2:45 - Recess • 2:45-3:00 - Snack • 3:00-4:00 - Enrichment Club • 4:00-4:30 - Meditation • 4:30-5:00 - Power Hour • 5:00-5:30 - Fun Friday Rotations • 5:30 - Head home	



Contact Info
Kati Bobo - Site Coordinator
Email: kati.bobo@bgcutah.org
Phone: 801-372-8594
Program Address: 4230 N University Ave.



# December 2023

# Walden Elementary

### [4230 N. University Ave. Provo] | [801-372-8594]



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

Our SEL focus this month is: Managing Me



### Get To Know: Adrianna States



Say hi to Adrianna! \*hi Miss Ardrianna\*

While this isn't her first year with our Boys and Girls Club program, this is her first time as a regular YDP (youth development professional). We're lucky to have her. But if you ever want to see her excited, just get her started on talking about Tayler Swift.

### December 21st

Just to let everyone know; December 21st is a half school day but there will be no clubs on this day.



<u>www.instagram.com/</u> bgcutah

# Aiden Liv December 21 - Early Out for Walden. No Clubs December 22- January 5th Winter Break

### **Contact Information:**

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Project Learn & STEM Labs Monday-Friday

We have homework help available every single day. We also will have reading, writing, and math activities.

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

### **Club Enrichment Topics**

<u>Sportsmanship</u> - Glow in the Dark Games <u>P.E.</u> - Birds on a Branch <u>S.T.E.M.</u> - Winter Science <u>Art</u> - Snowflakes <u>Literacy</u> - Comics

### **SEL (Prevention and Behavior)**

Tuesday, Thursday & Friday

We will use three programs to teach SEL to the kids, which are Positive Action, SMART Moves, and Kid-Grit. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.



