

# Timpanogos After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30 Power Hour/HYLA Clubs: Spooky Week(Detective Work, Ghost Rockets) Circle Up	31 SEL (P)- My stuff, Our stuff Power Hour/HYLA Clubs: Spooky Week Continued Halloween	1 Power Hour/HYLA Clubs: Spooky Week(Mummy wrapping, Pass the pumpkin) Circle Up	2 SEL (B)- My Stuff, Our Stuff Día De Los Muertos Activity Power Hour/HYLA Clubs: Spooky Week Circle Up	3 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Mid Surveys	6 Power Hour/HYLA Clubs: Harvest/Nature Week (Leaf haircuts) Circle Up	7 SEL (P)- Mid-Survey Power Hour/HYLA Clubs: Harvest/Nature Week (Fall leaf Painting) Circle Up	8 Power Hour/HYLA Clubs: Harvest/Nature Week (Leaf man, Fork painting) Circle Up	9 SEL (B)- Mid-Survey Power Hour/HYLA Clubs: Harvest/Nature Week (Bounce the ball, Balloon wind) Circle Up	10 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Managing Me	13 Power Hour/HYLA Clubs: Harvest/Nature Week (Back drawing, Balloon tennis) Circle Up	14 SEL (P)- Managing Money & Talents Power Hour/HYLA Clubs: Harvest/Nature Week (Balloon cup battle) Circle Up	15 Power Hour/HYLA Clubs: Harvest/Nature Week (Snowman cups, Paper straw activity) Circle Up	16 SEL (B)- Managing Money & Talents Power Hour/HYLA Clubs: Harvest/Nature Week (Edible slime,) Circle Up	17 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Managing Me	20 Power Hour/HYLA Clubs: Gratitude Week(Thankful for pie game, Turkey bowl) Circle Up	21 SEL (P)- Managing Thoughts, Actions, & Intro to Big Feelings Power Hour/HYLA Clubs: Gratitude Week Circle Up Thanksgiving Celebration	22 No Club-Thanksgiving Break	23 No Club-Thanksgiving Break	24 No Club-Thanksgiving Break
Managing Me	27 Power Hour/HYLA Clubs: Gratitude Week(Gratitude chain, Gratitude game) Circle Up	28 SEL (P)- Gratitude & Love Power Hour/HYLA Clubs: Gratitude Week(Gratitude chain, Gratitude game) Circle Up	29 Power Hour/HYLA Clubs: Gratitude Week(Gratitude chain, Gratitude game) Circle Up	30 SEL (B)- Gratitude & Love Power Hour/HYLA Clubs: Gratitude Week(Gratitude chain, Gratitude game) Circle Up	1 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday

Daily Schedule MON & WED	Daily Schedule TUE & THURS	Daily Schedule FRI
3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - Power Hour(HYLA) 4:15-5:15 PM - Clubs/Rotation 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick up	3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - SEL-Positive Action 4:15-4:45 PM - Power Hour(HYLA) 4:30-5:15 PM - Clubs/Rotations 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick up	1:30-2:00 PM - Check-in, Recess 2:00-3:00 PM - 30 min rotations, SEL-SMART MOVES/STEM 3:00-3:45 PM - Snack, Second Recess 3:45-4:00 PM - Circle up 4:00-5:15 PM - Fun Friday 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up

## Contact Info

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# November 2023

# Timpanogos

449 N 500 W, Provo, UT 84601 | (801) 857-4361



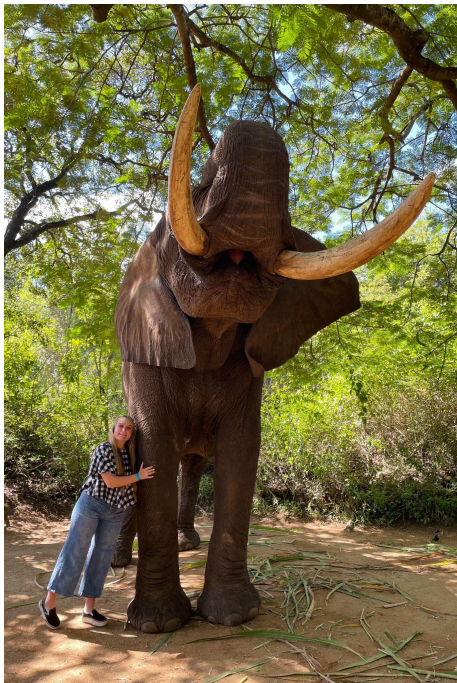
**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Staying Strong in Body and Mind, and Manage Me*

## Get To Know



I'm Jacklin Brazell. I have worked at Timpanogos Elementary for 4 years now and I started working for The Boys and Girls Club this past summer. I enjoy spending time with my family and friends, watching sports, and traveling. I love working with these wonderful kids and seeing the amazing things they achieve!

## Upcoming Events

# Happy Birthday!

Ryker 16

Perla 18

Deyker 24



**CLUB CLOSED**

November 22nd-24th



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**Marco A Santa Maria - Site Coordinator**

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Email: [timpanogos@bgcutah.org](mailto:timpanogos@bgcutah.org)

## Project Learn

Monday-Thursday @ 3:45 PM or 4:15 PM

We hold Power Hour on Monday-Thursday where we help with homework, hold our reading program, and provide learning games/activities and books for the kids.

## STEM Labs

Fridays @ 2 PM

Our main STEM activity every week is held on Friday. This month we will dive into the lessons made by our new STEM person Hannah!

## Enrichment

Monday-Thursday @ 4:15 PM or 4:45 PM

We run enrichment clubs Monday-Thursday. This month we will be focusing on nature and what gratitude can do for us!

## SEL (Social Emotional Learning)

Tuesday & Thursday @ 3:45 PM

We will become more familiar with Positive Action and learn how to best take care of ourselves, physically, and emotionally!



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