

Timpanogos After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Managing Me	4 Power Hour/HYLA Clubs: Kindness/Service Circle Up	5 SEL (P)- A positive way to do everything: Thoughts-Actions- Feelings Circle Power Hour/HYLA Clubs: Kindness/Service Circle Up	6 Power Hour/HYLA Clubs: Kindness/Service Circle Up	7 SEL (B)- A positive way to do everything: Thoughts-Actions- Feelings Circle Power Hour/HYLA Clubs: Kindness/Service Circle Up	8 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Managing Me	11 Power Hour/HYLA Clubs: Holly Jolly Holidays Circle Up	12 SEL (P)- Managing worry, fear, and loneliness Power Hour/HYLA Clubs: Holly Jolly Holidays Circle Up	13 Power Hour/HYLA Clubs: Holly Jolly Holidays Circle Up	14 SEL (B)- Managing worry, fear, and loneliness Power Hour/HYLA Clubs: Holly Jolly Holidays Circle Up	15 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Managing Me	18 Power Hour/HYLA Clubs: Holly Jolly Holidays Circle Up	19 Holiday Rotations!	20 Early Out, No Program	21 Winter Break	22 Winter Break
No Program	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break

Daily Schedule MON & WED

3:05-3:45 PM - Check-in, Snack, and Recess
3:45-4:15 PM - Power Hour(HYLA)
4:15-5:15 PM - Clubs/Rotation
5:15-5:30 PM - Clean up/Circle up
5:30 PM - Check-out/Pick up

Daily Schedule TUE & THURS

3:05-3:45 PM - Check-in, Snack, and Recess
3:45-4:15 PM - SEL-Positive Action
4:15-4:45 PM - Power Hour(HYLA)
4:30-5:15 PM - Clubs/Rotations
5:15-5:30 PM - Clean up/Circle up
5:30 PM - Check-out/Pick

Daily Schedule FRI

1:30-2:00 PM - Check-in, Recess
2:00-3:00 PM - 30 min rotations, SEL-SMART MOVES/STEM
3:00-3:45 PM - Snack, Second Recess
3:45-4:00 PM - Circle up
4:00-5:15 PM - Fun Friday
5:15-5:30 PM - Clean up
5:30 PM - Check-out/Pick up

Contact Info

Marco A Santa Maria
Site Coordinator
Email: marco.santamaria@bgcutah.org
Phone: (801) 857-4361

Program Address: 449 N 500 W, Provo, UT 84601



DECEMBER 2023

Timpanogos Elementary

449 N 500 W, Provo, UT 84601 | (801) 857-4361



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me!

Get To Know Trey!

Hi my name is Trey Petersen and I am currently a student at Utah Valley University! I enjoy snowboarding, watching movies, and spending time outside whether that be camping or hiking. I am super grateful for the opportunity to be working with your kids this school year!



Upcoming Events

December 19th @ 5:30pm: Winter Celebration at the Club House. More info to come!

December 20th- January 2nd: No Clubs due to Winter Break! (Please note that we are closed on the half day)



www.instagram.com/bgcutah



Contact Information:

Marco A Santa Maria - Site Coordinator

Phone: (801) 857-4361

Email: timpanogos@bgcutah.org



www.facebook.com/BGCUtah

Project Learn

Monday-Thursday @ 3:45 PM or 4:15 PM

We hold Power Hour on Monday-Thursday where we help with homework, hold our reading program, and provide learning games/activities and books for the kids.

STEM Labs

Fridays @ 2 PM

Our main STEM activity every week is held on Friday. This month we will dive further into the lessons made by our new STEM person Hannah!

Enrichment

Monday-Thursday @ 4:15 PM or 4:45 PM

We run enrichment clubs Monday-Thursday. This month we will be focusing on service and the holiday season!

SEL (Prevention and Behavior)

Tuesday & Thursday @ 3:45 PM

We will become more familiar with Positive Action and learn how to manage our anger, jealousy, and frustration as well as learn how to handle fear!



Utah State Board of Education

