

SANDSTONE

After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Stuff, Our Stuff	30 SEL(P): Positive Action Club Power Hour	31 halloween party Power Hour	1 Dia De Los Muertos SEL(B): Positive Action Club Power Hour	2 Dia De Los Muertos STEM	3 STEM COMPUTER LAB POWER HOUR SMART MOVES
Managing Money & Talents	6 SEL(P): Positive Action Club Magic Treehouse Club Power Hour	7 Power Hour Magic Treehouse Club	8 SEL(B): Positive Action Club Magic Treehouse Club Power Hour	9 Power Hour Magic Treehouse Club STEM	10 STEM SMART MOVES COMPUTER LAB POWER HOUR Magic Treehouse Club
Managing thoughts, actions and intro to bigger feelings	13 SEL(P): Positive Action Club Disney Club Power Hour	14 Disney Club Power Hour	15 SEL(B): Positive Action Club Disney Club Power Hour	16 Power Hour Disney Club STEM	17 STEM COMPUTER LAB POWER HOUR SMART MOVES Disney Club
Gratitude & Love	20 SEL(P): Positive Action Club Gratitude Club Power Hour	21 SEL(B): Positive Action Club Gratitude Club Power Hour	22 no school	23 no school	24 no school
Managing Anger, Jealousy, and Frustration	27 no school Teacher Prep Day	28 Fall Festival Club Power Hour SEL(B): Positive Action Club	29 Positive Action Club/SEL(P) Fall Festival Club Power Hour	30 Fall Festival Club Power Hour STEM	1 STEM COMPUTER LAB POWER HOUR Fall Festival Club

Daily Schedule

3:30-3:45 Welcome & Snack Time
 3:45-4:00 Feelings Check in & Daily Announcements
 4:00-4:30 Outside Physical Energy Release Extravaganza
 4:30-5:00 Academic Support
 5:00-5:30 SEL Club, Positive Action, Kid Grit, or STEM
 5:30 Pickup

FRIDAY SCHEDULE

12:00-12:30 Outside Club Time
 12:30-12:45 PM Snack Time
 12:45-1:00 Feelings Check in & Daily Announcements
 1:00-1:30 Computer Lab Power Hour
 1:30-2:30 SMART Moves/SEL
 2:30-2:45 Snack Time
 2:45-3:15 Outside Club Time
 3:15-3:45 Meditation Club
 3:45-4:30 STEM Club
 4:30-5:30 Fun Friday Club
 5:30 Pickup

Contact Info

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 Site Coordinator
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November 2023

SANDSTONE

850 N 2450 E ST, George UT 84790 | 801-372-3059



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Managing Me

get to know us



Miss Olivia is one of our Youth Development Professionals! She loves to sing and perform! She loves being silly with the kids and doing art projects with them.

Upcoming Events

THANKSGIVING BREAK November
22rd-26th
Teacher Prep Day: November 27th

 www.instagram.com/bgcutah

Happy Birthday!

Birthdays to come!



CLUB CLOSED

THANKSGIVING BREAK: 22rd-26th
Teacher Prep Day, No School:
November 27th



Contact Information:

Kaylee Boone, Site Coordinator
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Phone: 801-372-3059

 www.facebook.com/BGCUtah

STEM LAB

Fridays 3:45-4:30

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

SEL (Prevention & Behavior)

Monday - Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

Enrichment

Monday-Thursday 4:55-5:25

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Project Learn/Power Hour

Monday - Friday 4:30-5:00 PM

Daily assistance with reading, writing, math, spelling, or any other homework help.

