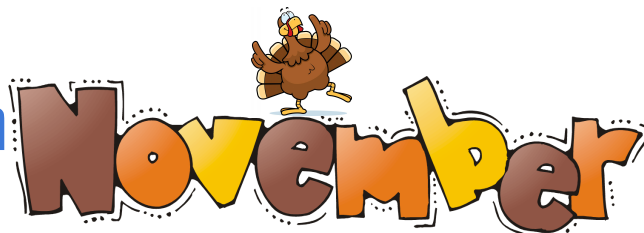


Provo Clubhouse After School Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1 Power Hour Specialized Clubs Free Time	2 Power Hour SEL (B) - My Stuff, Our Stuff Specialized Clubs	3 STEM: K-3: Dino Reading 4-6: Origami Stars SMART: K-3: Magic Carpet Ride 4-6: Worry Wizards Fun Friday:
	6 Power Hour Specialized Clubs Free Time	7 Power Hour Positive Action Mid-Survey Specialized Clubs	8 Power Hour Specialized Clubs Free Time	9 Power Hour Positive Action Mid-Survey Specialized Clubs	10 STEM: K-3: Dino Dig 4-6: Making Ice SMART: K-3: Superhero Self 4-6: I'm Possible Fun Friday:
	13 Power Hour Specialized Clubs Free Time	14 Power Hour SEL (P) - Managing Money & Talents Specialized Clubs	15 Power Hour Specialized Clubs Free Time	16 Power Hour SEL (P) - Managing Money & Talents Specialized Clubs	17 STEM: K-3: Dino Bones 4-6: Gene Bracelets SMART: K-3: Rain Sticks 4-6: Calming Bottles Fun Friday:
	20 Power Hour Specialized Clubs Free Time	21 Power Hour SEL (P) - Managing Thoughts, Actions, & Big Feelings Specialized Clubs Parent Night - Gratitude Night 5 pm	22 Club Closed - Thanksgiving Break	23 	24
	27 Power Hour Specialized Clubs Free Time	28 Power Hour SEL (P) - Love & Gratitude Specialized Clubs	29 Power Hour Specialized Clubs Free Time	30 Power Hour SEL (P) - Love & Gratitude Specialized Clubs	1

Daily Schedule	
Monday-Thursday	Friday
3:00 pm - Club Opens - Power Hour & Snack 3:25 pm - Vans leaves Provost 3:35 pm - Vans leave Wasatch 4:00 pm - Recess/Physical Movement 4:15 pm - Monday & Wednesday: Specialized Clubs; Tuesday & Thursday: Prevention & Behavior Positive Action SEL 5:15 pm - M&W: Free Time; T&Th: Specialized Clubs 5:45 pm - Final Clean up 6:00 pm - Club Closes	1:00 pm - Club Opens 1:35 pm - Vans leave Provost 1:45 pm - Vans leave Wasatch 2:00 pm - Recess/Physical Movement 2:30 pm - STEM/SMART SEL Rotations 3:30 pm - Snack/Recess 4:15 pm - Fun Friday Activity/Free Time 5:45 pm - Final Clean up 6:00 pm - Club Closes



Contact Info
Jessie Whittaker Site Director Email: provoclubhouse@bgcutah.org Phone: 801-371-6242 Cell: 801-717-6214 Program Address: 1060 E 150 N Provo UT 84606



NOVEMBER 2023

Provo Clubhouse

1060 E 150 N Provo UT 84606 | 801-371-6242 | 801-717-6214



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Managing Me"

Get To Know: Elijah Silva, YDP



"I'm Eli Silva! I enjoy making all types of art and all things outdoors. I'm in my third year as an English Major at BYU, and my biggest dream is to backpack across Europe for a

year. I love working for the Boys and Girls Club because I get to give back to my community and provide a positive support structure for youth."

Upcoming Events

Nov. 21: Gratitude Parent Night 5 pm

Join us: Nov. 21, 2023, 5 p.m.

gratitude

[gra-ti-tude] noun.

the positive state of being grateful; an overwhelming feeling of appreciation and thankfulness, and the desire to return kindness to others.

Parent Night

Happy Birthday

3 - Pippa
5 - Victoria
6 - Zoie
13 - Vincent
28 - Sage
29 - Dale
29 - Dean
29 - Joni
29 - Ms. Rubie



CLUB CLOSED

Nov. 22-24: Thanksgiving Break



Contact Information:

Jessie Whittaker - Site Director

Sarah Christensen - Program Manager

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www.facebook.com/BGCUtah



www.instagram.com/bgcutah

Project Learn

Monday - Thursday, 3 pm - 4:15 pm

Homework, Reading, Math games

STEM Labs

Friday, 2 pm

K-3: Dino Reading, Dino Dig, Dino Bones
4-6: Origami Stars, Making Ice, Gene Bracelets

Enrichment

Monday & Wednesday, 4:15 pm

Outdoor Club, Art Club, Sports Club, Lego Club, D&D Club, Craft Club, Cultural Club

SEL (Prevention and Behavior)

Positive Action: My Stuff, Our Stuff; Mid-Survey; Managing Money & Talents; Managing Thoughts, Actions, & Big Feelings; Gratitude & Love

P: Tuesday, 4:15 pm

B: Thursday, 4:15 pm

SMART:

K-3: Magic Carpet Ride, Superhero Self, Rain Sticks

4-6: Worry Wizards, I'm possible, Calming Bottles

Friday, 2 pm

