

# Parkside Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30 Power Hour/Project Learn SEL: KidGrit Halloween Rotation (K-3rd) STEM (4-6th)	31 Power Hour/Project Learn SEL: Positive Action (P): <i>My Stuff, Our Stuff</i> Halloween Rotation (K-3rd) Halloween Rotation (4-6th)	1 Power Hour/Project Learn SEL: KidGrit STEM (K-3rd) Halloween Rotation (4-6th)	2 Power Hour/Project Learn SEL: Positive Action (B): <i>My Stuff Our Stuff</i> Halloween Rotation (K-3rd) Halloween Rotation (4-6th)	3 Power Hour SEL: SMART FUN Friday(K-6th) <ul style="list-style-type: none"> <li>• Movie</li> <li>• Physical Activity</li> <li>• Creative</li> </ul>
Mid Surveys	6 Power Hour/Project Learn SEL: KidGrit Sensory Rotation (K-3rd) STEM (4-6th)	7 Power Hour/Project Learn SEL: Positive Action (P): <i>Mid Surveys</i> Sensory Rotation (K-3rd) Machines Rotation (4-6th)	8 Power Hour/Project Learn SEL: KidGrit STEM (K-3rd) Machines Rotation (4-6th)	9 Power Hour/Project Learn SEL: Positive Action (B): <i>Mid Surveys</i> Sensory Rotation (K-3rd) Machines Rotation (4-6th)	10 Power Hour SEL FUN Friday(K-6th) <ul style="list-style-type: none"> <li>• Movie</li> <li>• Physical Activity</li> <li>• Creative</li> </ul>
Managing Me	13 Power Hour/Project Learn SEL: KidGrit Gratitude Rotation (K-3rd) STEM (4-6th)	14 Power Hour/Project Learn SEL: Positive Action (P): <i>Managing Money &amp; Talents</i> Gratitude Rotation (K-3rd) Ancient Civilizations Rotation (4-6th)	15 Power Hour/Project Learn SEL: KidGrit STEM (K-3rd) Ancient Civilizations Rotation (4-6th)	16 Power Hour/Project Learn SEL: Positive Action (B): <i>Managing Money &amp; Talents</i> Gratitude Rotation (K-3rd) Ancient Civilizations Rotation (4-6th)	17 Power Hour SEL FUN Friday(K-6th) <ul style="list-style-type: none"> <li>• Movie</li> <li>• Physical Activity</li> <li>• Creative</li> </ul>
Managing Me	20 Power Hour/Project Learn SEL: KidGrit Thanksgiving Rotation (K-3rd) STEM (4-6th)	21 Power Hour/Project Learn SEL: Positive Action (P): <i>Managing Thoughts, Actions, and Intro to Big Feelings</i> Thanksgiving Rotation (K-3rd) Thanksgiving Rotation (4-6th)	22 <b>No Club-Thanksgiving Break</b>	23 <b>No Club-Thanksgiving Break</b>	24 <b>No Club-Thanksgiving Break</b>
Managing Me	27 Power Hour/Project Learn SEL: KidGrit Home for the Holidays Rotation (K-3rd) STEM (4-6th)	28 Power Hour/Project Learn SEL: Positive Action (P): <i>Gratitude &amp; Love</i> Home for the Holidays Rotation (K-3rd) Design Rotation (4-6th)	29 Power Hour/Project Learn SEL: KidGrit STEM (K-3rd) Design Rotation (4-6th)	30 Power Hour/Project Learn SEL: Positive Action (B): <i>Gratitude &amp; Love</i> Home for the Holidays Rotation (K-3rd) Design Rotation (4-6th)	1 Power Hour SEL FUN Friday(K-6th) <ul style="list-style-type: none"> <li>• Movie</li> <li>• Physical Activity</li> <li>• Creative</li> </ul>

## Daily Schedule

2:15 PM -- 2:35 PM Sign In/Recess  
2:35 PM -- 2:55 PM Creative/Snack  
2:55 PM -- 3:30 PM SEL

3:30 PM -- 3:55PM Power Hour/Reading  
3:55 PM -- 4:25 PM Snack/Physical  
4:25 PM -- 5:15 PM Rotations/Club/Specialties

5:15 PM -- 5:30 PM Pack up/Clean up  
5:30 PM Check-out



## Contact Info

**M. Wakley**  
Site Coordinator  
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NOVEMBER 2023



BOYS & GIRLS CLUBS  
OF UTAH COUNTY



# PARKSIDE ELEMENTARY

668 W 150 N ST. OREM, UT 84057 | (801) 592-6286

## CLUB CLOSED

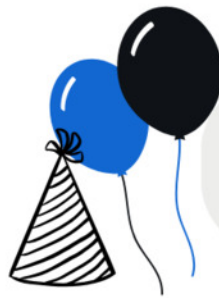


11/22-11/24  
Thanksgiving Break

## MISSION

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

## BIRTHDAYS



Ian 11/9  
Kyras 11/12  
Kendelle 11/14  
Cody 11/18  
Dredyn 11/18

Trey 11/18  
Delilah 11/19  
Valeria 11/26  
Lilly 11/28

## MONTHLY MESSAGE

Hello lovely families! These past few months have been amazing so far, and we can't wait to continue on! Your students have been doing an incredible job with Power Hour this year. This is a dedicated 30 minutes where they can work on homework, reading, or additional academic practice. Our wonderful staff mentor your students through difficult homework questions. Please let us know if there's a way we can better support your student in this aspect! We love to see them succeed!

We are excited to announce that we have accepted all students on the waitlist, and have more spots available! If you know of any Parkside families that could benefit from our after-school program, please refer them to us!

Registration Website: <https://bgcutah.org/parkside/>

## PROJECT LEARN

Power hour, our homework time, has been going well! Your students are aware of this time, and those that have homework utilize it well. If your students don't have homework, the next step is to read. We encourage all students to read for 20 minutes each day. If your student has specific homework they need to complete, let us know, and we will encourage it.

## PREVENTION AND EDUCATION

Prevention and Education happens during our Social Emotional Learning (SEL) block. We have dedicated this time to go over a social emotional concept and apply it. Then, throughout the day, we encourage the student to remember what they learned and why it is important. This month we will be working on becoming self-aware. We will navigate topics that allow them to think of their past, present, and future self. We encourage you to open the conversation with your students about respecting other people's belongings!

## MEET THE TEAM!

M. Wakley- Site Director  
Robert Ward- Program Manager  
Alanna Groesbeck - Youth Developmental Professional  
Brian Cruz - Youth Developmental Professional  
Abilene Carmona - Youth Development Professional  
Sadie Hafen - AmeriCorps STEM Specialist

## STEM LABS

Our new STEM Specialist, Sadie Hafen, has some fun plans for your students this upcoming month! She will be focusing on varying topics in Science, Technology, Engineering, and Math. If your students have any interest in specific STEM topics, reach out to a staff member to let them know so we can plan activities catered to our students' interests!

## ENRICHMENT AND SPECIALITIES

These are fun, interest based activities that provide opportunities for kids to try something new or work on something they already love to do. All of these activities will be listed on our calendar.



M. Wakley - Site Coordinator  
Robert Ward - Program Manager

## CONTACT INFORMATION

Phone: (801) 592-6286  
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