

# Paradise Canyon Afterschool Program 2023-2024

WELCOME  
*November*



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me			1v <b>Art Club</b> Power Hour SEL Kid-Grit	2 <b>STEM Club</b> Power hour Positive Action SEL (B) <i>My stuff, Our stuff</i>	3 <b>Kindness Club</b> Bumpin Books SMART Moves Kid-Grit Lesson STEM
Managing Me	6 <b>Wellness Club</b> Power Hour SEL Kid-Grit	7 <b>Team Building Club</b> Power Hour Positive Action SEL (P) <i>Managing money &amp; Talents</i>	8 <b>Art Club</b> Power Hour SEL Kid-Grit	9 <b>STEM Club</b> Power hour Positive Action SEL (B) <i>Managing money &amp; Talents</i>	10 <b>Kindness Club</b> Bumpin Books SMART Moves Kid-Grit Lesson STEM
Managing Me	13 <b>Wellness Club</b> Power Hour SEL Kid-Grit	14 <b>Team Building Club</b> Power Hour Positive Action SEL (P) <i>Managing thoughts, actions and intro to big feelings</i>	15 <b>Art Club</b> Power Hour SEL Kid-Grit	16 <b>STEM Club</b> Power hour Positive Action SEL (B) <i>Managing thoughts, actions and intro to big feelings</i>	17 <b>Kindness Club</b> Bumpin Books SMART Moves Kid-Grit Lesson STEM
Managing Me	20 <b>Wellness Club</b> Power Hour SEL Kid-Grit	21 <b>Team Building Club</b> Power Hour Positive Action SEL (P) <i>Gratitude &amp; Love</i>	22 <i>Thanksgiving Break</i>	23 <i>HAPPY Thanksgiving Day</i>	24 <i>Thanksgiving Break</i>
Managing Me	27 <i>Thanksgiving Break</i>	28 <b>Team Building Club</b> Power Hour Positive Action SEL (P) <i>Managing anger, jealousy, and frustrations</i>	29 <b>Art Club</b> Power Hour SEL Kid-Grit	30 <b>STEM Club</b> Power hour Positive Action SEL (B) <i>Managing anger, jealousy, and frustrations</i>	

Monday-Thursday Schedule	Friday Schedule
2:35 pm - Check-in/Wash hands 2:45 pm - Super Snack 3:00 pm - Outside Recess 3:45 pm - Powerhour (Academics/Homework) 4:15 pm - Positive Action (SEL) 4:45 pm - Club 5:15 pm - Clean up 5:30 pm - Check-out	1:00 pm - Check-in/Wash hands 1:15 pm - PM snack 1:30 pm - Outside Recess 2:30 pm - Super Snack 3:00 pm - Power hour/Meditation/Reflection/Quiet time 3:30 pm - STEM/SEL/SMART 4:00 pm - Computer lab 4:30 pm - Special Guest/Club time 5:15 pm - Clean up 5:30 pm - Check-out



Contact Info
Shallyn Bartlett <i>Site Coordinator</i> Email: <a href="mailto:shallyn.bartlett@bgcutah.org">shallyn.bartlett@bgcutah.org</a> Phone: 801-372-2507 Program Address: 1795 W 1230 N St. George, UT 84770



NOVEMBER 2023

# Paradise Canyon

1795 W 1230 N St. George, UT 84770 | 801-372-2507



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is: Managing Me*

## Get To Know

Hello! My name is Destiny and I am from Southern California and currently going to school for my Bachelors in Electrical Engineering. I served in the Marine Corps and was stationed in Okinawa, Japan for half my term and that is also where I met my husband. We recently moved from California but before that we were living in Colorado for over a year.

We have two dogs and a mischievous cat named Thor, Mia and Clyde. Since having two dogs I do spend a lot of my time on trails or on the road visiting different states or hidden gems.

If we are not on the road or on a trail you will definitely catch us eating sushi somewhere or you'll most likely catch me at target for the 100th time that week. My favorite seasons are Halloween and Christmas just because those are the only times binge watching Harry Potter are acceptable.



## Upcoming Events

Thanksgiving Break 22-27th



Dylan 11/6  
Luna 11/20  
Kayden 11/29

## CLUB CLOSURES

Nov. 22-27



“Being different isn’t a bad thing. It means you’re brave enough to be yourself.”

- Luna Lovegood, Harry Potter

## Contact Information:

**Shallyn Bartlett - Site Coordinator**

Phone: 801-372-2507

Email: shallyn.bartlett@bgcutah.org

## SEL (Prevention & Behavior)

*Monday-Friday 4:15-4:45*

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

## STEM Lab

*Fridays 3:45-4:30*

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

## Project Learn

*Monday-Friday 3:45-4:15*

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and also participate in our reading program.

## Enrichment

*Monday-Thursday 4:45-5:15*

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.



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Utah State Board of Education



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