

Mount Mahogany  
After School Program  
2023-2024

# November



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30	31	1 <b>SEL (B)- My Stuff, Our Stuff</b> Project Learn/Power Hour <b>CLUBS:</b> Bracelet Club Self-Care Sports	2 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	3 <b>FUN FRIDAY</b> <b>SEL-SMART</b> <b>STEM</b> <b>PHYSICAL</b> <b>CREATIVE</b>
Mid-Surveys	6 <b>SEL (P)- Mid-Survey</b> Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Art	7 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	8 <b>SEL (B)- Mid-Survey</b> Project Learn/Power Hour <b>CLUBS:</b> Bracelet Club Self-Care Sports	9 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	10 <b>FUN FRIDAY</b> <b>SEL-SMART</b> <b>STEM</b> <b>PHYSICAL</b> <b>CREATIVE</b>
Managing Me	13 <b>SEL (P)- Managing Money &amp; Talents</b> Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Art	14 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	15 <b>SEL (B)- Managing Money &amp; Talents</b> Project Learn/Power Hour <b>CLUBS:</b> Bracelet Club Self-Care Sports <i>*Earthquake Drill 4:00 pm*</i>	16 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	17 <b>FUN FRIDAY</b> <b>SEL-SMART</b> <b>STEM</b> <b>PHYSICAL</b> <b>CREATIVE</b>
Managing Me	20 <b>SEL (P)- Managing Thoughts, Actions, &amp; Intro to Big Feelings</b> Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Art	21 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	22 <b>No Club-Thanksgiving Break</b>	23 <b>No Club-Thanksgiving Break</b>	24 <b>No Club-Thanksgiving Break</b>
Managing Me	27 <b>SEL (P)- Gratitude &amp; Love</b> Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Art	28 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	29 <b>SEL (B)- Gratitude &amp; Love</b> Project Learn/Power Hour <b>CLUBS:</b> Bracelet Club Self-Care Sports	30 Project Learn/Power Hour <b>CLUBS:</b> Self-Care Sports Coding Science	1 <b>FUN FRIDAY</b> <b>SEL-SMART</b> <b>STEM</b> <b>PHYSICAL</b> <b>CREATIVE</b>

Daily Schedule Monday-Thursday	Daily Schedule Friday
<b>3:30</b> Check-In/Snack <b>3:45</b> Recess <b>4:00</b> Announcements Feeling Circle Positive Action (Social-Emotional Learning/Prevention & Behavior) <b>4:30</b> Project Learn/Power Hour 30 min Homework/Reading <b>5:00</b> Club <b>5:30</b> Check-Out	<b>3:30</b> Check-In/Snack <b>3:45</b> Recess <b>4:00</b> Feelings Circle Up <b>4:30</b> SEL-SMART <b>5:00</b> Fun Friday Activities (Creative/Physical) <b>5:30</b> Check-Out

Contact Info	
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Program Address: 618 N 1300 W St, Pleasant Grove, UT 84602	



NOVEMBER 2023

# Mount Mahogany

618 N 1300 W St, Pleasant Grove, UT 84602 | 801-633-1525



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Managing Me!*

### Get To Know Mr. Marcos!

Hi I'm Marcos Velez, I'm the Program Manager at the Boys and Girls Club in Mt. Mahogany Elementary School. I am a Spanish Education Major at UVU and I love music and being around my family!



### Upcoming Events

November 22nd, 23rd, & 24th  
Thanksgiving Break!

### Contact Information:

**Kennedy Payne - Site Coordinator**

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Email: [mtmahogany@bgcutah.org](mailto:mtmahogany@bgcutah.org)



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

## Happy Birthday!

Zoram 11/4  
Lynnsey 11/9



### CLUB CLOSED

November 22nd, 23rd, 24th  
for Thanksgiving Break!



### SEL (Prevention and Behavior)

*Positive Action Monday and Wednesday*

4:00 pm - 5:30 pm

*SMART Friday 4:00 pm - 4:30 pm*

**SMART:** Magic Carpet Ride, My Superhero Self, Rain Stick Relaxation, and "I Can" Plan.

**SEL:** Your Stuff, Our Stuff, Mid-Survey, Managing Money & Talents, Managing Thoughts, Actions, & Intro to Big Feelings, and Gratitude & Love.

### Project Learn

*Monday-Thursday 4:30-5:00 pm*

This time is set aside for homework help and different High Yield Learning Activities. The kids can practice writing, reading, multiplication, addition, and subtraction.

### STEM Labs

*Monday-Thursday 5:00 - 5:30 pm*

*Friday 4:30 - 5:30 pm*

We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

### Enrichment

*Monday-Thursday 5:00 - 5:30 pm*

*Friday 4:30 - 5:30 pm*

Self-Care Club students will learn different skills to take care of themselves. We have been working on meditation and stretching! The kids are doing great. Sports Club students have been working on the basics of a variety of sports. We have worked on soccer and are transitioning into basketball and volleyball. Feelings Club students will be learning how to address their feelings and how to manage them. Bracelet Club will be learning different ways on creating bracelets and forming pro social friendships.



Utah State Board of Education

