### Mount Mahogany After School Program 2023-2024



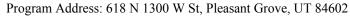


SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	FUN FRIDAY SEL-SMART STEM PHYSICAL CREATIVE
Managing Me	Creative Club Sports Club Power Hour Positive Action SEL (P) "Managing anger, jealousy, and frustration"	5 STEAM Club Self Care Club Game Club Power Hour	Bracelet Club Sports Club Power Hour Positive Action (B) "Managing anger, jealousy, and frustration"	7 STEAM Club Self Care Club Game Club Power Hour Positive Action	8 FUN FRIDAY SEL-SMART STEM PHYSICAL CREATIVE
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Managing Me	Creative Club Sports Club Power Hour Positive Action SEL (P) "Managing anger, jealousy, and frustration"	STEAM Club Self Care Club Game Club Power Hour WINTER FESTIVAL at PROVO CLUBHOUSE @ 5:30 PM	Last Day of Club! Holiday Rotations!! Snowflakes Winter Holiday Lesson	Sent We're CLOSED	22 CLOSED
	CHRISTMAS 25	26 CLOSED	CLOSED 27	Sent-We're CLOSED	* Winter Dreak *

Monday-Thursday Schedule		Friday Schedule	
3:30	Check-In/Snack	3:30	Check-In/Snack
3:45	Recess	3:45	Recess
4:00	Announcements	4:00	Feelings Circle Up
	Feeling Circle	4:30	SEL-SMART
	Positive Action (Social-Emotional Learning/Prevention &	5:00	Fun Friday Activities (Creative/Physical)
Behav	Behavior)		Check-Out
4:30	Project Learn/Power Hour		
	30 min Homework/Reading		
5:00	Club		
5:30	Check-Out		



Contact Info				
Kennedy Payne Site Director	Email: <a href="mailto:mtmahogany@bgcutah.org">mtmahogany@bgcutah.org</a> Phone: 801-633-1525			





## DECEMBER 2023

# Mount Mahogany

618 N 1300 W St, Pleasant Grove, UT 84602 | 801-633-1525



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me!

#### **Get To Know Miss Haven!**

Hi my name is Haven! I'm from Arizona. I am currently a sophomore at UVU studying exercise science. I love to bake and make bracelets!



#### **Upcoming Events**

Winter Festival: December 19th (more details to follow)

Christmas Break: December 21st 
January 5th

#### **Contact Information:**

Kennedy Payne - Site Coordinator

Phone: 801-633-1525
Email: <a href="mailto:mtmahogany@bgcutah.org">mtmahogany@bgcutah.org</a>









#### **SEL** (Prevention and Behavior)

Positive Action Monday and Wednesday 4:00 pm - 4:30 pm SMART Friday 4:00 pm - 4:30 pm

**SMART:** Building Group Agreements, Time Travels, Before, During, and After **SEL:** Managing anger, jealousy, and frustration

#### **Power Hour**

Monday-Thursday 4:30-5:00 pm
This time is set aside for homework help and different High Yield Learning
Activities. The kids can practice writing, reading, multiplication, addition, and subtraction.

#### **STEAM Labs**

Monday-Thursday 5:00 - 5:30 pm Friday 4:30 - 5:30 pm

We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

#### **Enrichment**

Monday-Thursday 5:00 - 5:30 pm Friday 4:30 - 5:30 pm

Self-Care Club students will learn different skills to take care of themselves. We have been working on meditation and stretching! Creative Club is working on being more innovative with materials and creating something that inspires them. Sports Club students have been working on the basics of a variety of sports. We have worked on soccer and are transitioning into basketball and volleyball. Game Club will be focusing on learning new games and how to work with other people. Bracelet Club will be learning different ways on creating bracelets and forming pro social friendships.

