

Mount Mahogany After School Program 2023-2024

Hello December



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 FUN FRIDAY SEL-SMART STEM PHYSICAL CREATIVE
Managing Me	4 Creative Club Sports Club Power Hour Positive Action SEL (P) <i>"Managing anger, jealousy, and frustration"</i>	5 STEAM Club Self Care Club Game Club Power Hour	6 Bracelet Club Sports Club Power Hour Positive Action (B) <i>"Managing anger, jealousy, and frustration"</i>	7 STEAM Club Self Care Club Game Club Power Hour Positive Action	8 FUN FRIDAY SEL-SMART STEM PHYSICAL CREATIVE
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Managing Me	18 Creative Club Sports Club Power Hour Positive Action SEL (P) <i>"Managing anger, jealousy, and frustration"</i>	19 STEAM Club Self Care Club Game Club Power Hour WINTER FESTIVAL at PROVO CLUBHOUSE @ 5:30 PM	20 Last Day of Club! Holiday Rotations!! Snowflakes Winter Holiday Lesson	21 	22
	25 	26 	27 	28 	29

Monday-Thursday Schedule	Friday Schedule
3:30 Check-In/Snack 3:45 Recess 4:00 Announcements Feeling Circle Positive Action (Social-Emotional Learning/Prevention & Behavior) 4:30 Project Learn/Power Hour 30 min Homework/Reading 5:00 Club 5:30 Check-Out	3:30 Check-In/Snack 3:45 Recess 4:00 Feelings Circle Up 4:30 SEL-SMART 5:00 Fun Friday Activities (Creative/Physical) 5:30 Check-Out

Contact Info	
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DECEMBER 2023

Mount Mahogany

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BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me!

Get To Know Miss Haven!

Hi my name is Haven! I'm from Arizona. I am currently a sophomore at UVU studying exercise science. I love to bake and make bracelets!



Upcoming Events

Winter Festival: December 19th (more details to follow)

Christmas Break: December 21st - January 5th

Contact Information:

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www.instagram.com/bgcutah



www.facebook.com/BGCUtah

Happy Birthday!

Zach	12/1
Hadleigh	12/6
Liam	12/13
Jake	12/23
Layla	12/27
JT	12/30



CLUB CLOSED

Christmas Break!
December 21st-January 5th



SEL (Prevention and Behavior)

Positive Action Monday and Wednesday
4:00 pm - 4:30 pm

SMART Friday 4:00 pm - 4:30 pm

SMART: Building Group Agreements, Time Travels, Before, During, and After

SEL: Managing anger, jealousy, and frustration

Power Hour

Monday-Thursday 4:30-5:00 pm

This time is set aside for homework help and different High Yield Learning Activities. The kids can practice writing, reading, multiplication, addition, and subtraction.

STEAM Labs

Monday-Thursday 5:00 - 5:30 pm

Friday 4:30 - 5:30 pm

We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

Enrichment

Monday-Thursday 5:00 - 5:30 pm

Friday 4:30 - 5:30 pm

Self-Care Club students will learn different skills to take care of themselves. We have been working on meditation and stretching! Creative Club is working on being more innovative with materials and creating something that inspires them. Sports Club students have been working on the basics of a variety of sports. We have worked on soccer and are transitioning into basketball and volleyball. Game Club will be focusing on learning new games and how to work with other people. Bracelet Club will be learning different ways on creating bracelets and forming pro social friendships.

