

Milford Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30	31	1 NO CLUB Student Led Conferences	2 NO CLUB Student Led Conferences	3
Mid-Surveys	6 Club Fun! SEL (P) - Mid Surveys Power Hour	7 Club Fun! Clubs/STEM/HYLA Power Hour	8 Club Fun! Smart Moves Power Hour	9 Club Fun! SEL (B) - Mid Surveys Power Hour	10
Managing Me	13 Club Fun! SEL (P) - Managing Possessions and Talents Power Hour	14 Club Fun! Clubs/STEM/HYLA Power Hour	15 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	16 Club Fun! SEL (B) - Managing Possessions and Talents Power Hour	17
Managing Me	20 Club Fun! SEL (P) -Managing thoughts, actions and big feelings Power Hour	21 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	22 Thanksgiving Break	23 Thanksgiving!	24
Managing Me	27 Club Fun! SEL (P) - Gratitude and Love Power Hour	28 Club Fun! Clubs/STEM/HYLA Power Hour	29 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	30 Club Fun! SEL (B) - Gratitude and Love Power Hour	1

Daily Schedule

- 2:30 - Super Snack
- 2:50 - Restroom Break
- 3:00 - Brain Break/Club Fun!
- 3:30 - Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program



Contact Info
MILFORD BOYS AND GIRLS CLUB Site Coordinator: Lorie Schow Email: lorie.schow@bgcutah.org Phone: 1-801-372-4836
Program Address: 450 S 700 West, Milford Utah



NOVEMBER 2023

Milford

450 South 700 West | 1-801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me

Get To Know



We are happy to welcome Mrs. Gabby Gomez to our team. She was born in Guerrero Mexico and met her husband Gerry Gomez in Mexico City. They have 2 children, Renata and Bruno. In 2013 they moved from Mexico City to Milford. They love it here. As a family they love traveling and Gabby likes to make new friends. She is a very happy person who loves to dance with her husband and enjoys going to parties whenever they have the chance. She brings a refreshing perspective and energy to our Club.

Upcoming Events

Student Led Conferences - Nov. 1st & 2nd
Food Drive - Nov. 6th - 10th
Veteran's Day - Nov. 10th
Thanksgiving Break / No School - Nov. 22nd- Nov. 24th



www.instagram.com/bgcutah

Happy Birthday!

Manuel 11/5
Ivan 11/20



CLUB CLOSED

Nov. 1st & 2nd - Early Release SLC
Nov. 22nd & 23rd - Thanksgiving Break



Contact Information:

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www.facebook.com/BGCUtah

Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

