

Milford Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	1
Managing Me	4 Club Fun! SEL (P) - Managing Anger, Jealousy and Frustration Power Hour	5 Club Fun! Clubs/STEM/HYLA Power Hour	6 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	7 Club Fun! SEL (B) - Managing Anger, Jealousy and Frustration Power Hour	8
Managing Me	11 Club Fun! SEL (P) - Managing Worry, Fear and Loneliness Power Hour	12 Club Fun! Clubs/STEM/HYLA Power Hour	13 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	14 Club Fun! SEL (B) - Managing Worry, Fear and Loneliness Power Hour	15
	18 Club Fun! Power Hour	19 Club Fun! Smart Moves Clubs/STEM/HYLA Power Hour	20 Half Day of School- No Club	21	22
	25	26	27	28	29

Daily Schedule

- 2:30 - Super Snack
- 2:50 - Restroom Break
- 3:00 - Brain Break/Club Fun!
- 3:30 - Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program



Contact Info
MILFORD BOYS AND GIRLS CLUB Site Coordinator: Lorie Schow Email: lorie.schow@bgcutah.org Phone: 1-801-372-4836 Program Address: 450 S 700 W, Milford Utah



DECEMBER 2023

Milford

450 South 700 West | 1-801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Managing Me

Get To Know



Emma Stewart has been involved in our Nutrition Program here at Milford Elementary since 2021. She enjoys hanging out with her friends and family. She is a USU 4H Southern Utah Region Ambassador as well as a Member of the USU 4H Beaver County Teen Council Presidency. Emma attends MHS and is also taking classes from SUU.

Upcoming Events

Mid-Term - December 1st

Candy Grams - December 4th- 8th

Christmas Play - December 18th

End of 2nd Quarter - December 20th

Happy Birthday!

Valentina 12/16
Ro'Neil 12/27
Jheovani 12/28



CLUB CLOSED

December 20th- January 3rd
Winter Break



Contact Information:

Lorie Schow - Site Coordinator

Phone: 1-801-372-4836

Email: lorie.schow@bgcutah.org

Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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