

Heber Valley After School Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Focus	Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	Fall	30	31	1 SEL: Positive Action Behavior: "My Stuff, Our Stuff" Power Hour Clubs	2 Power Hour Clubs	3 Power Hour Clubs
Mid Surveys	Animals	6 SEL: SMART Moves STEM Clubs	7 SEL: Positive Action Mid Surveys Power Hour Clubs	8 SEL: Positive Action Mid Surveys Power Hour Clubs	9 Power Hour Clubs	10 Power Hour Clubs
Managing Me	Thanksgiving	13 SEL: SMART Moves STEM Clubs	14 SEL: Positive Action Prevention: "Managing money & talents" Power Hour Clubs	15 SEL: Positive Action Behavior: "Managing money & talents" Power Hour Clubs	16 Power Hour Clubs	17 Power Hour Clubs
Managing Me	Thanksgiving	20 SEL: SMART Moves STEM Clubs	21 SEL: Positive Action Prevention: "Managing thoughts, actions and intro to big feelings" Power Hour Clubs	22 Club Closed! Thanksgiving Break	23 Club Closed! Thanksgiving Break	24 Club Closed! Thanksgiving Break
Managing Me	Sports	27 SEL: SMART Moves STEM Clubs	28 SEL: Positive Action Prevention: "Gratitude & Love" Power Hour Clubs	29 SEL: Positive Action Behavior: "Gratitude & Love" Power Hour Clubs	30 Power Hour Clubs	1 Power Hour Clubs

Daily Schedule MON	Daily Schedule TUE - FRI	Program Notes
Monday Arrive 2:15-2:30 Recess & Snack 2:30-3:00 SEL - SMART Moves 3:00-4:00 STEM 4:00-5:00 CLUBS 5:05-5:40 Clean up 5:40-6:00	Tuesday - Friday Arrive 3:15-3:30 Recess & Snack 3:30-4:00 Tues/Wed: SEL - Positive Action 4:00-4:30 Power Hour/Academic Time 4:30-5:00 CLUBS 4:55-5:40 Clean up 5:40-6:00	<ul style="list-style-type: none"> Students not at HVE will be bussed to HVE after school. Snacks included. Club closes at 6:00 PM. Pick up on the East side of HVE after 3:30 on Mondays and after 4:30 Tuesday-Friday. If picking up earlier, please call (801)-857-4793.

Contact Info

Ashley Parrott
 Area director
 Email: hebervalley@bgcutah.org
 Phone: (801)-857-4793
 Program Address: 730 S 600 W Heber City



NOVEMBER 2023

Heber Valley

730 S 600 W Heber City, Utah 84032 | (801) 857-4793



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me

Get To Know

Jessica Burnham



I enjoy anything artistic: drawing, painting, coloring, etc. I'm a native to Heber and I love this community. I have 3 dogs, a bearded dragon, and a great family. This is my fifth year working with the Boys & Girls Club. I love seeing the kids' happy faces at the Boys & Girls Club every day. I love making Club a safe and fun place for kids to enjoy.

Upcoming Events

Thanksgiving Break
November 22nd - 24th

Happy Birthday!



Lucas 19th

CLUB CLOSED

Thanksgiving Break
November 22nd - 24th



Contact Information:

Ashley Parrott - Area Director
Email: hebervalley@bgcutah.org

Project Learn

Tuesday - Friday 4:30 - 5:00
Project Learn or Power Hour is our homework help and literature time program.

STEM Labs

Monday 4:00 - 5:00
Our STEM lab will be on Mondays. Students will have the opportunity to be involved in Science, Technology, Engineering and Math activities.

Enrichment

Monday 5:05 - 5:40
Tuesday - Friday 5:05 - 5:40
Each week students will have the opportunity to participate in Art Club, Craft Club, and Get Moving Club.

SEL (Prevention and Behavior)

SEL: SMART Moves
Monday 3:00 - 4:00
SEL: Positive Action
Tuesday & Wednesday 4:00 - 4:30
Prevention and Behavior lessons:
Managing Me



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Utah State Board of Education



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