

NOVEMBER 2023

# Cascade Elementary

860 N 200 E St | 801-372-6113



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me

## Get To Know

Linzie Hoffmann



Hi! My name is Linzie! I am a Youth Development Professional at Cascade Elementary and have worked here since August 2023, but I've worked at other Boy & Girls Club Sites in the past too! I am studying Communication Disorders at Brigham Young University. My favorite things to do outside of Club are eat tacos, play volleyball, and go to the beach. I love working with the kids at Cascade because they always make me laugh and I look forward to work everyday!

## Upcoming Events

November 3 Parent Night  
November 22-24 Thanksgiving Break

## Happy Birthday!

1- Isaac D.  
9- Lyse P.  
10- Amelia W.  
11- Brisa C.



CLUB CLOSED

22-24 Thanksgiving Break



## Contact Information:

Heather Bowcutt - Site Coordinator  
Phone: 801-372-6113  
Email: [cascade@bgcutah.org](mailto:cascade@bgcutah.org)

## Project Learn

Monday - Friday, 3:45 pm - 4:30 pm

We hold Power Hour Monday-Friday where we help with homework, take time reading, and do HYLAs. This year we will be focused on math and reading.

## STEM Labs

Friday, 4:35 - 5:00 pm

Our main STEM activity is held on Friday. Our STEM activities go along with our weekly club themes.

## Enrichment

Monday - Thursday, 4:35 pm - 5:30 pm

We run enrichment clubs Monday-Thursday. This month our weekly club themes will be: Around the World, Safari, Fall, and Space.

## SEL (Prevention and Behavior)

Positive Action: Pre-Survey, Feeling Good with Positive Actions  
Monday - Thursday, 3:10 pm - 3:45 pm

SMART Moves  
Friday, 3:10 pm - 3:45 pm



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)

