

Bonneville

After School Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30	31	1 Project Learn: Power Hour CLUB: Fall Traditions K-3: Fall BINGO 4-6: Parade characters	2 Project Learn: Power Hour CLUB: Fall Traditions K-3: Parade characters 4-6: Fall BINGO SEL: Positive action (B) My stuff, Our stuff	3 STEM Secret messages SEL-SMART Emotions Head to Toe
Managing Me	6 Project Learn: Power Hour CLUB: Gratitude K-3: Relay races 4-6: Gratitude letter	7 Project Learn: Power Hour CLUB: Gratitude K-3: Gratitude letter 4-6: Relay races SEL: Positive action Mid-Survey	8 Project Learn: Power Hour CLUB: Gratitude K-3: Pass along cards 4-6: Thankful dice	9 Project Learn: Power Hour CLUB: Gratitude K-3: Thankful dice 4-6: Pass along cards SEL: Positive action Mid-Survey	10 STEM STEM from kid to kid SEL-SMART Time Travelers
Managing Me	13 Project Learn: Power Hour CLUB: Music Music Videos	14 Project Learn: Power Hour CLUB: Music Music Videos SEL: Positive action (P) Managing money & talents	15 Project Learn: Power Hour CLUB: Music K-3: Peter and the Wolf 4-6: Listen and write	16 Project Learn: Power Hour CLUB: Music K-3: Listen and write 4-6: Peter and the Wolf SEL: Positive action (B) Managing money & talents	17 STEM Cardboard car races SEL-SMART Worry Wizards
Managing Me	20 Project Learn: Power Hour CLUB: Thanksgiving K-3: Charlie Brown 4-6: Flag football	21 Project Learn: Power Hour CLUB: Thanksgiving K-3: Flag football 4-6: Charlie Brown SEL: Positive action (P) Managing thoughts, actions and intro to big feelings	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK	24 THANKSGIVING BREAK
Managing Me	27 Project Learn: Power Hour CLUB: Nature K-3: Rock Painting 4-6: Scavenger hunt	28 Project Learn: Power Hour CLUB: Nature K-3: Scavenger Hunt 4-6: Rock Painting SEL: Positive action (P) Gratitude & Love	29 Project Learn: Power Hour CLUB: Nature K-3: Q-tip trees 4-6: Turkey cages	30 Project Learn: Power Hour CLUB: Nature K-3: Turkey cages 4-6: Q-tip trees SEL: Positive action (B) Gratitude & Love	1

Daily Schedule Monday-Thursday	Daily Schedule Friday
2:15-2:30 Check in and snack 2:30-3:15 Outdoor play 3:15-4:00 Power hour and homework help 4:00-4:30 SEL-Positive action (Prevention and Behavior) 4:30-5:00 Daily activities (clubs) 5:00-5:15 Clean up 5:15-5:30 Check out	2:15-2:30 Check-In/Snack 2:30-3:15 Outdoor play 3:15-4:00 Rotation 1 4:00-4:45 Rotation 2 4:45-5:30 Rotation 3 5:30 Check-Out



Contact Info
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NOVEMBER 2023

Bonneville Elementary

[1245 N 800W, Orem, UT] | [801-372-5461]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me

Get To Know



Hello, My name is Emily Francis. I am 23 year old. I am a first generation college student at UVU studying social work. I am originally from Salt Lake County. I enjoy in my free time, hiking, paddleboarding, camping. I look forward to working with your children and adding to their lives through the boys and girls club.

Upcoming Events

November 1st&2nd: Día de los Muertos
November 23rd: Thanksgiving

 www.instagram.com/bgcutah

Happy Birthday!

Nov. 3rd: Matthew
Nov. 8th: Daisy
Nov. 11th: Geraldine
Nov. 15th: Wednesday
Nov. 15th: Gerardo
Nov. 19th: Khloe
Nov. 22nd: Jaedyn
Nov. 23rd: Jesus
Nov. 26th: Gustavo



CLUB CLOSED

Nov. 22-24: Thanksgiving break



Contact Information:

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Project Learn/Power Hour

Monday through Thursday
3:15-4:00

This is a great time for kids to work on homework and receive help from teachers if needed. Books and language learning opportunities will also be available.

STEM Labs

Friday
3:15-4:00

This month we will be covering several science, technology, engineering, and math related topics with the goal of helping students find one that they identify with.

Enrichment

Monday through Thursday
4:30-5:00

Every day we offer a planned activity in a variety of different subjects to help the children grow and develop.

SEL (Prevention and Behavior)

Positive Action Tuesday and Thursday 4:00pm-4:30pm
SMART Friday 4:00pm-4:30pm

SMART: Emotions Head to Toe, Time Travelers, Emotions Head to Toe, and Time Travelers/Before, During, and After.

Positive Action: Thinking Big, Read On!, Building a Strong Mind, Decision Making and Problem-Solving, Self-Discipline, and My Stuff, Our Stuff.

