

Bonneville After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 STEM Cardboard Car races SEL-SMART Changing Impossible to I'M POSSIBLE
Managing Me	4 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Santa letters 4-6: Indoor Snowball Fights	5 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Indoor Snowball Fights 4-6: Santa letters SEL: Positive action (P) Managing Anger, jealousy, and frustration	6 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Pin the nose on the reindeer 4-6: Santa making	7 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Santa making 4-6: Pin the nose on the reindeer SEL: Positive action (B) Managing Anger, jealousy, and frustration	8 STEM Fake Snow SEL-SMART Emotions Head to Toe
Managing Me	11 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Pass along cards 4-6: Thankful dice	12 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Flag football 4-6: Charlie Brown SEL: Positive action (P) Managing fear, and loneliness	13 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Christmas with a Twist! Story Writing 4-6: Thankful dice	14 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Parade characters 4-6: Christmas with a Twist! Story Writing SEL: Positive action (B) Managing fear, and loneliness	15 STEM Borax crystal ornaments SEL-SMART Emotions Head to Toe
Managing Me	18 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Northern Lights 4-6: Christmas bingo	19 WINTER FESTIVAL @ Provo Clubhouse 1060 E 150 N, Provo, UT Starting at 5:30 BONNEVILLE CLOSES EARLY	20 Project Learn: Power Hour CLUB: Winter/Holidays K-3: Reindeer Games 4-6: create song	21 WINTER BREAK	22 WINTER BREAK
Managing Me	25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK

Daily Schedule Monday-Thursday

2:15-2:30 Check in and snack
2:30-3:15 Outdoor play
3:15-4:00 Power hour and homework help
4:00-4:30 SEL-Positive action (Prevention and Behavior)
4:30-5:00 Daily activities (clubs)
5:00-5:15 Clean up
5:15-5:30 Check out

Daily Schedule Friday

2:15-2:30 Check-In/Snack
2:30-3:15 Outdoor play
3:15-4:00 Rotation 1
4:00-4:45 Rotation 2
4:45-5:30 Rotation 3
5:30 Check-Out

Contact Info

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DECEMBER 2023

Bonneville Elementary

1245 N 800W, Orem, UT, 84057 | (801) 372-5461



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Me

Get To Know



Ho ho ho! I'm Santa Claus, and I'm here to spread some Christmas cheer. I've been bringing joy to children and adults alike for centuries, and I'm not stopping anytime soon.

I live in a cozy workshop at the North Pole with my trusty elves, who help me make all the toys that I deliver on Christmas Eve. I have a magical sleigh pulled by eight reindeer, and we travel all over the world in one night, delivering presents to everyone on my list.

Upcoming Events

**December 19th: Winter festival, program closes early.
Festival @ Provo Clubhouse
1060 E 150 N, Provo @ 5:30**

 www.instagram.com/bgcutah

Happy Birthday!

zDec. 3rd: Sofia
Dec. 5th: Oberon
Dec. 7th: Daisy
Dec. 9th: David
Dec. 12th: Kevin
Dec. 21st: Michelle
Dec. 29th: Daniel
Dec. 31st: Elsie
Dec. 31st: Janne



CLUB CLOSED

Dec. 21-29: Winter break



Contact Information:

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Project Learn/Power Hour

Monday through Thursday
3:15-4:00

This is a great time for kids to work on homework and receive help from teachers if needed. Books and language learning opportunities will also be available. Students can practice for the storytelling festival during this time.

STEM Labs

Friday
3:15-4:00

We will be covering several science, technology, engineering, and math related topics with the goal of helping students find one that they identify with.

Enrichment

Monday through Thursday
4:30-5:00

Every day we offer a planned activity in a variety of different subjects to help the children grow and develop.

SEL (Prevention and Behavior)

Positive Action Tuesday and Thursday 4:00pm-4:30pm
SMART Friday 4:00pm-4:30pm

SMART: Changing Impossible to I'M POSSIBLE, Rain Sticks Relaxation, "I Can" Plan

Positive Action: Managing Anger, jealousy, and frustration, Managing worry, fear, and loneliness

