

NOVEMBER 2023

# Legacy

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The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Feeling Good with Positive Actions

## NIKKI NORTHRUP

*BGC Southern Utah  
Legacy's Youth Development  
Professional (YDP)*



Help me welcome Nikke to her second year as an YDP at Legacy! Nikke moved to St George from Henderson, NV (Las Vegas area) last year. She is currently a senior at Utah Tech University pursuing her Bachelor degree in psychology. Some of her favorite activities are reading, thrifting, and hanging out with her friends & family. We are so happy to have her again this year.



### Happy Birthday!

Ezra N 3rd  
Jenesys C. 18th

We will **not** have program on the following days:



- 22nd No Program/No School
- 23rd No Program/No School
- 24th No Program/No School
- 27th No Program/No School

🙄 Please mark your calendar

### CONTACT INFORMATION

Heidi Taylor - Site Coordinator  
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### SEL (Prevention & Behavior)

*Tuesdays & Thursdays 4:10p-4:40p*

Positive Action and Kid Grit Empowers Greatness with the direct moment by moment practice of thinking, acting, and feeling.

### STEM Activity

*Fridays 12:50p-1:50p*

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

### Project Learn

*Monday - Thursday 5:10p-5:30p*

We work with the teacher's to focus on academic support that is needed for all club members. Focus is on all subjects taught in school.

### SMART MOVES

*Fridays 2:55p-3:25p*

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills.

