NOVEMBER 2023

Legacy

280 E 100 S St George, UT 84780 | (801) 372-3284 | legacy@bgcutah.org



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



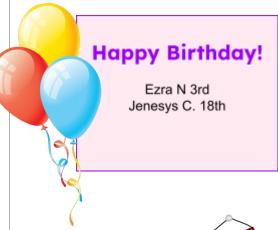
Our SEL focus this month is Feeling Good with Positive Actions

NIKKI NORTHRUP

BGC Southern Utah Legacy's Youth Development Professional (YDP)



Help me welcome Nikke to her second year as an YDP at Legacy! Nikke moved to St George from Henderson, NV (Las Vegas area) last year. She is currently a senior at Utah Tech University pursuing her Bachelor degree in psychology. Some of her favorite activities are reading, thrifting, and hanging out with her friends & family. We are so happy to have her again this year.



We will **not** have program on the following days:



22nd No Program/No School
23rd No Program/No School
24th No Program/No School
27th No Program/No School

😉 Please mark your calendar

CONTACT INFORMATION

Heidi Taylor - Site Coordinator Email: legacy@bgcutah.org Phone: (801) 372-3284





SEL (Prevention & Behavior)

Tuesdays & Thursdays 4:10p-4:40p

Positive Action and Kid Grit Empowers Greatness with the direct moment by moment practice of thinking, acting, and feeling.

STEM Activity

Fridays 12:50p-1:50p

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Project Learn

Monday - Thursday 5:10p-5:30p

We work with the teacher's to focus on academic support that is needed for all club members. Focus is on all subjects taught in school.

SMART MOVES

Fridays 2:55p-3:25p

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills.



