

Washington Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body & Mind	2 Wellness Club Power Hour Kid-Grit Lesson	3 Team Building Club Power Hour Positive Action SEL(P) <i>"Thinking Big, Read on!"</i>	4 Art Club Power Hour Positive Action (SEL)	5 STEM Club Power hour Positive Action SEL(B) <i>"Thinking Big, Read on!"</i>	6 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Building a strong mind	9 Wellness Club Power Hour Kid-Grit Lesson	10 Team Building Club Power Hour Positive Action SEL(P) <i>"Building a strong mind"</i>	11 Art Club Power Hour Positive Action (SEL)	12 	13
Managing Me	16 	17 Team Building Club Power Hour Positive Action SEL(P) <i>"Decision-making & problem solving"</i>	18 Art Club Power Hour Positive Action (SEL)	19 STEM Club Power hour Positive Action SEL(B) <i>"Decision-making & problem solving"</i>	20 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Managing Me	23 Wellness Club Power Hour Kid-Grit Lesson	24 Team Building Club Power Hour Positive Action SEL(P) <i>"Self-discipline"</i>	25 Art Club Power Hour Positive Action (SEL)	26 	27
Managing Me	30 Wellness Club Power Hour Kid-Grit Lesson	31 Team Building Club Power Hour Positive Action SEL(P) <i>"My stuff, Our stuff"</i>	1 Art Club Power Hour Positive Action (SEL)	2 STEM Club Power hour Positive Action SEL(B) <i>"My stuff, Our stuff"</i>	3 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson

Monday-Thursday Schedule	Friday Schedule
3:30-3:40 pm Welcome Check-in/Wash hands 3:40- 3:50 pm - Super Snack/ feelings circle 3:50-4:10 pm - Outside Recess/wash hands 4:10-4:30pm - Power hour (Homework) 4:30-5:05pm - Positive Action (SEL)/ Kid-Grit 5:05-5:20pm - STEM/Club of day 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:15 pm - Check-in/Wash hands 12:15-12:45 pm - Club Recess 12:45-1:00 pm -Computer Lab 1:00-1:30 pm - Pm Snack & Daily Rundown 1:30-2:00 pm - Positivity Circle /Journaling Club 2:00-2:30 pm - Bumpin Books 2:30-2:45 pm - Super Snack 2:45-3:15 pm - Outside Club Time 3:15-3:45 pm - Smart Moves 3:45-4:15 pm - Meditation Club 4:15-5:15 Fun Friday Club/Special Guest 5:15-5:30 pm - Clean up/Check-out



Contact Info
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