



October

Walden High School
After School Program
2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body and Mind	2 Dungeons&Dragons Shakespeare Sports Math Lab/STEM Power Hour	3 Dungeons&Dragons Shakespeare Power Hour	4 Apothecary Club Eco Club Math Lab/STEM SEL:How do we think? Power Hour	5 Strategy/Enrichment Anime Club Math Lab/STEM SEL: How do I choose positive thoughts? Power Hour	6 Dungeons&Dragons SMART Moves Power Hour
Strong Body and Mind	9 Dungeons&Dragons Shakespeare Boxing Sports Math Lab/STEM Power Hour	10 Dungeons&Dragons Shakespeare Power Hour	11 Apothecary Club Eco Club Shakespeare Math Lab/STEM SEL:Does what we do matter? Power Hour	12 Strategy/Enrichment Anime Club Math Lab/STEM SEL:How do we feel about ourselves? Power Hour	13 Dungeons&Dragons SMART Moves Power Hour
Strong Body and Mind	16 Dungeons&Dragons Sports Boxing Math Lab/STEM Power Hour	17 Dungeons&Dragons Power Hour	18 NO CLUBS: Parent Student Teacher Conference	19 NO CLUBS: Fall Break	20 NO CLUBS: Fall Break
Strong Body and Mind	23 NO CLUBS: Teacher Professional Development Day	24 Dungeons&Dragons Power Hour	25 Apothecary Club Eco Club Math Lab/STEM SEL: Am I what I eat? Power Hour	26 Strategy/Enrichment Anime Club Math Lab/STEM SEL:Why should we bust a move? Power Hour	27 Dungeons&Dragons SMART Moves Power Hour
Strong Body and Mind	30 Dungeons&Dragons Sports Boxing Math Lab/STEM Power Hour	31 Dungeons&Dragons Power Hour	1 Apothecary Club Eco Club Math Lab/STEM SEL:Why is learning cool? Power Hour	2 Strategy/Enrichment Anime Club Math Lab/STEM SEL:What action plan? Power Hour	3 Dungeons&Dragons SMART Moves Power Hour

Daily Schedule

Math Lab/STEM
M,W,Th 3:00pm-4:00pm

Monday-Thursday Programming
Transition Time 3:00pm-3:15.
SEL (W/Th) 3:15pm-3:45pm
Power Hour 3:45pm -4:15pm
After School Clubs 4:15pm-5:00pm
Reflection Activity 5:00pm-5:30pm

Friday Programming
Transition Time 12:45pm-1:00pm
SMART Moves 1:30pm-2:00pm
Power Hour 2:00pm-2:30pm
After School Clubs 2:30pm-3:00pm
Academic Support 3:00pm-5:30pm



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