## Walden Elementary After school Program 2023-2024





| SEL Weekly<br>Focus      | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--------------------------|--|--|--|---|---|
| Strong<br>Body &<br>Mind | 2<br>Sportsmanship<br>Club:<br>Murder in the Dark<br>Power Hour  | P.E. Club: SEL (P) - Think Big, Read On! Parachute Volleyball Power Hour             | 4<br>STEM Club:<br>Spooky Slime<br>Power Hour      | Art Club:<br>SEL (B) - Think Big,<br>Read On!<br>Clay<br>Basics<br>Power Hour | 6 Literacy Club: Smart Moves Group Writing Paper Telephone Power Hour |
| Strong<br>Body &<br>Mind | 9<br>Sportsmanship<br>Club:<br>Murder in the Dark<br>Power Hour  | P.E. Club: SEL (P) - Building a Strong Mind Parachute Volleyball Power Hour          | STEM Club:<br>Dancing Ghosts<br>Power Hour         | Art Club: SEL (B) - Building a Strong Mind Clay Polymer Keychains Power Hour  | Literacy Club: Smart Moves Group Writing MadLibs Power Hour           |
| Strong<br>Body &<br>Mind | 16<br>Sportsmanship<br>Club:<br>Murder in the Dark<br>Power Hour | P.E. Club: SEL (P) Decision-Making & Problem Solving Parachute Volleyball Power Hour | 18<br>No School<br>No Clubs                        | 19<br>Fall Break<br>No Clubs  | Fall Break<br>No Clubs  |
| Managing<br>Me           | No School<br>No Clubs  | 24 P.E. Club: SEL (P) - Self-Discipline Parachute Volleyball Power Hour              | 25<br>STEM Club:<br>Glow in the Dark<br>Power Hour | 26 Art Club: SEL (B) - Self-Discipline Clay Final Details Power Hour          | BCG<br>Conference<br>No Clubs   |
| Managing<br>Me           | 30<br>Leadership<br>Club:<br>Sportsmanship<br>Power Hour         | 31 Leadership Club: SEL (P) - My Stuff, Our Stuff P.E. Club Power Hour               | 1  | 2   | 3   |

| Daily Schedule   |  |   |  |  |  |  |
|--|--|---|--|--|--|--|
| Monday & Wednesday  • 3:15-3:30 – Check In & Snack  • 3:30-4:00 - Recess (M, W)  • 4:00-4:30 - Enrichment Club  • 4:30-5:00 – Power Hour  • 5:00-5:30 – Recess  • 5:30 - Head home | Tuesday & Thursday  • 3:15-3:30 – Check In & Snack  • 3:30-4:00 - Positive Action SEL (T, Th)  • 4:00-4:30 - Enrichment Club  • 4:30-5:00 – Power Hour  • 5:00-5:30 – Recess  • 5:30 - Head home | Friday  1:15-1:30 - Check In 1:30-2:15 - SEL: Smart Moves 2:15-2:45 - Recess 2:45-3:00 - Snack 3:00-4:00 - Enrichment Club 4:00-4:30 - Meditation 4:30-5:00- Power Hour 5:00-5:30 - Fun Friday Rotations 5:30 - Head home |  |  |  |  |



## **Contact Info**

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