# October 2023

# Timpanogos

# 449 N 500 W, Provo, UT 84601 | (801) 857-4361



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Staying Strong in Body and Mind, and Manage Me

#### Get To Know



Hi everyone! I'm Anna and I am currently studying Elementary Education at UVU. In my free time I enjoy mountain biking, hiking, cooking, reading Harry Potter, and playing the piano. I am so happy to be working as a YDP with your wonderful kids this school year! :)

Upcoming Events



www.instagram.com/bgcutah



Contact Information: Marco A Santa Maria - Site Coordinator Phone: (801) 857-4361 Email: timpanogos@bgcutah.org



# Project Learn

Monday-Thursday @ 3:45 PM or 4:15 PM

We hold Power Hour on Monday-Thursday where we help with homework, hold our reading program, and provide learning games/activities and books for the kids.

### **STEM Labs**

Fridays @ 2 PM

Our main STEM activity every week is held on Friday. This month we focus on helping the kids develop their interests in STEM

## Enrichment

Monday-Thursday @ 4:15 PM or 4:45 PM

We run enrichment clubs Monday-Thursday. This month we will be Focusing on how fall changes the colors, and have a spooky week as we get ready for the rest of the month!

### SEL (Social Emotional Learning)

Tuesday & Thursday @ 3:45 PM

We will become more familiar with Positive Action and learn how to best take care of ourselves, physically, and emotionally!



