

# Timpanogos After School Program 2023-2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body & Mind	2 Power Hour/HYLA Clubs: Fall Week(Autumn Tree Making) Circle Up	3 SEL (P)- Thinking Big, Read on! Power Hour/HYLA Clubs: Fall Week Circle Up	4 Power Hour/HYLA Clubs: Fall Week(Changing with the Colors) Circle Up	5 SEL (B)-Thinking Big, Read on! Power Hour/HYLA Clubs: Fall Week Circle Up	6 <b>Club Closed</b>
Strong Body & Mind	9 Power Hour/HYLA Clubs: Fall Week(Beaded Corn Crafts) Circle Up	10 SEL (P)- Building a strong mind Power Hour/HYLA Clubs: Fall Week Circle Up	11 Power Hour/HYLA Clubs: Fall Week(Pumpkin Painting) Circle Up	12 SEL (B)- Building a strong mind Power Hour/HYLA Clubs: Fall Week Circle Up	13 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Strong Body & Mind	16 Power Hour/HYLA Clubs: Spooky Week Circle Up	17 SEL (P)- Decision-making & problem solving Power Hour/HYLA Clubs: Spooky Week Circle Up	18 Power Hour/HYLA Clubs: Spooky Week Circle Up	19 <b>Fall Break</b>	20 <b>Fall Break</b>
Managing Me	23 <b>Fall Break</b>	24 <b>Fall Break</b>	25 <b>Club Closed/SEP Conferences</b>	26 <b>Club Closed/SEP Conferences</b>	27 <b>Club Closed/SEP Conferences</b>
Managing Me	30 Power Hour/HYLA Clubs: Spooky Week(Detective Work, Ghost Rockets) Circle Up	31 SEL (P)- My stuff, Our stuff Power Hour/HYLA Clubs: Spooky Week Continued Halloween	1	2	3

Daily Schedule MON & WED	Daily Schedule TUE & THURS	Daily Schedule FRI
3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - Power Hour(HYLA) 4:15-5:15 PM - Clubs/Rotation 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick up	3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - SEL-Positive Action 4:15-4:45 PM - Power Hour(HYLA) 4:30-5:15 PM - Clubs/Rotations 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick	1:30-2:00 PM - Check-in, Recess 2:00-3:00 PM - 30 min rotations, SEL-SMART MOVES/STEM 3:00-3:45 PM - Snack, Second Recess 3:45-4:00 PM - Circle up 4:00-5:15 PM - Fun Friday 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up

## Contact Info

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