

# October 2023

# SUNSET

495 Westridge Dr. St George, UT | 801-372-3151



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Strong Body & Mind & Managing Me



Meet Sunset Elementary's  
Program Manager  
Destiny Rowden



She is originally from Whitefish Montana. She loves the outdoors and is a forever country girl at heart. She loves to care for animals and others. She is an anime geek and wears that title proudly! She moved from Mesquite, Nevada down to Southern Utah to work with at-risk and homeless youth. She is currently expanding her work with all ages. She is very excited to be working with the Boys and Girls club of Southern Utah and to be able to make a difference in your kids' lives:)

### Upcoming Events

No Program 26th & 27th  
FALL BREAK!! Oct. 12th-15th  
Parent Night October 31st



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)

## Happy Birthday!

Blake 10/12  
Gloria 10/13  
SC Alexis 10/15  
Liam 10/16



### CLUB CLOSED

FALL BREAK: Oct. 12th-15th  
October 16  
October 26th & 27th



### Contact Information:

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### Enrichment

**Monday-Thursday 4:00-4:30**

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

### STEM LABS

**Thursdays 4:30-5:00**

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

### Project Learn

**Monday-Thursday 3:30-4:00**

**Fri 2:25-2:45**

The main focus of power hour will be to help members complete homework assignments, work on HYL A activities and also participate in our reading program.

### SEL (Prevention & Behavior)

**Monday-Friday**

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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