






# Sunset After school Program 2023-2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body & mind	2 The Great Pumpkin Club SEL Positive Action(P) <i>Thinking big, Read on</i> Power Hour Journal Club	3 The Great Pumpkin Club SEL Kid-Grit Lesson Power Hour Journal Club	4 The Great Pumpkin Club SEL Positive Action(B) <i>Thinking big, Read on</i> Power Hour Journal Club	5 STEM Power Hour Journal Club	6 The Great Pumpkin Club Pos of the week/Journal Club SMART Moves Lesson Power Hour
Strong Body & mind	9 Ghost Club SEL Positive Action(P) <i>Building a strong mind</i> Power Hour Journal Club	10 Haunted House Club SEL Positive Action(B) <i>Building a strong mind</i> Power Hour Journal Club	11 STEM Power Hour Journal Club	12 	13 
Strong Body & mind	16 	17 The Mummy's Curse Club SEL Positive Action(P) <i>Decision making &amp; problem solving</i> Power Hour Journal Club	18 The Mummy's Curse Club SEL Positive Action(B) <i>Decision making &amp; problem solving</i> Power Hour Journal Club	19 STEM Power Hour Journal Club	20 Mad scientist Club Pos of the week/Journal Club SMART Moves Lesson Power Hour
Managing Me	23 Spooky Season Club SEL Positive Action(P) <i>Self-Discipline</i> Power Hour Journal Club	24 Spooky Season Club SEL Positive Action(B) <i>Self-Discipline</i> Power Hour Journal Club	25 STEM Power Hour Journal Club	26  NO PROGRAM	27  NO PROGRAM
Managing Me	30 Spooky Season Club SEL Positive Action(P) <i>My stuff, Our stuff</i> Power Hour Journal Club	31 PARENT NIGHT!! SEL Kid-Grit Lesson Power Hour Journal Club	1 Dia De Los Muertos SEL Positive Action(B) <i>My stuff, Our stuff</i> Power Hour Journal Club	2 STEM Power Hour Journal Club	3 Pos of the week/Journal Club SMART Moves Lesson Power Hour

Daily Schedule Mon-Thurs		Daily Schedule Friday	
2:35-2:45	CHECK IN	1:00-1:15	CHECK IN
2:45-3:00	Snack Time	1:15-1:45	Outside Club Time
3:00-3:30	Outside Club Time	1:45-2:00	PM Snack Time
3:30-4:00	Power Hour/Journal Club	2:00-2:15	Positives of the week/Journal Club
4:00-4:30	Club Time	2:15-2:45	Power Hour/ Computer Lab Time
4:30-5:00	SEL Positive Action OR SEL Kid-grit, STEM	2:45- 3:15	Outside Club Time
5:00-5:15	Free Time	3:15-3:30	Snack Time
5:15-5:30	Snack Time	3:30-4:00	SMART Moves Lesson
5:30	PICKUP	4:00-4:30	Brain Break
		4:30-5:30	FUN Friday Club
		5:30	PICK UP



Contact Info
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