

[Provo Peaks] After school Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body & Mind	2 Project Learn: Brain Train (Power Hour) SEL: SMART Moves group 1 Art Rotation group 2	3 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	4 Project Learn: Brain Train (Power Hour) SEL (P) - Thinking Big, Read on! Group 1 Physical Rotation Group 2	5 Project Learn: Brain Train (Power Hour) SEL (P) - Thinking Big, Read on! Group 2 Physical Rotation Group 1	6 Closed for BGC Professional Development
Strong Body & Mind	9 Project Learn: Brain Train (Power Hour) SEL: SMART Moves group 1 Art Rotation group 2	10 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	11 Project Learn: Brain Train (Power Hour) SEL (P) - Building a strong mind Group 1 Physical Rotation Group 2	12 Project Learn: Brain Train (Power Hour) SEL (P) - Building a strong mind Group 2 Physical Rotation Group 1	13 STEM Rotation all groups SEL (B) - Building a strong mind (all members) Recess Table Time/ Free Time
Strong Body & Mind	16 Project Learn: Brain Train (Power Hour) SEL: SMART Moves group 1 Art Rotation group 2	17 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	18 Project Learn: Brain Train (Power Hour) SEL (P) - Decision making and problem solving (all members) Physical Rotation	19 Closed for Fall Break	20 Closed for Fall Break
Managing Me	23 Closed for Fall Break	24 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	25 Closed for Provo Peaks PTC	26 Closed for Provo Peaks PTC	27 Closed for BGC Professional Development
Managing Me	30 Project Learn: Brain Train (Power Hour) SEL: SMART Moves group 1 Art Rotation group 2	31 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	1	2	3

Daily Schedule	
Monday & Tuesday 3:20pm Program begins & Snack 3:35pm Circle Up-SEL 3:45pm Project Learn: Power Hour/ Brain Train 4:15pm SEL- SMART Moves/ Art Rotation 5:00pm Clean up 5:30pm Program Closes, Checkout	Wednesday & Thursday 3:20pm Program begins & Snack 3:35pm Circle Up-SEL 3:45pm Project Learn: Power Hour/ Brain Train 4:15pm SEL -Positive Action Group 1 (Group 2 Thursday) Physical Rotation Group 2 (Group 1 Thursday) 5:00pm Clean up 5:30pm Program Closes, Checkout
Friday 1:30pm Program begins & Snack 1:50pm Circle Up-SEL 2:00 pm STEM Rotation 2:30pm SEL Positive Action Rotation (all members) 3:00pm Recess/Table Time 3:15pm Clean Up 3:30pm Program closes, Checkout	



Contact Info
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