





Paradise Canyon After school Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body & mind	2 Wellness Club Power Hour SEL Kid-Grit	3 Team Building Club Power Hour Positive Action SEL (P) <i>Thinking big, Read on!</i>	4 Art Club Power Hour SEL Kid-Grit	5 STEM Club Power hour Positive Action (SEL) <i>Thinking big, Read on</i>	6 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson STEM
Strong Body & mind	9 Wellness club Power Hour SEL Kid-Grit	10 Team Building Club Power Hour Positive Action SEL (P) <i>Building a strong mind</i>	11 Art Club Power Hour SEL Kid-Grit	12  NO SCHOOL/ CLUB <i>fall</i> Break	13  NO SCHOOL/ CLUB <i>fall</i> Break
Strong Body & mind	16  NO SCHOOL/ CLUB <i>fall</i> Break	17 Team Building Club Power Hour Positive Action SEL (P) <i>Decision making & problem solving</i>	18 Art Club Power Hour SEL Kid-Grit	19 STEM Club Power hour Positive Action SEL (B) <i>Decision making & problem solving</i>	20 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson STEM
Managing Me	23 Wellness Club Power Hour SEL Kid-Grit	24 Team Building Club Power Hour Positive Action SEL (P) <i>Self-Discipline</i>	25 Art Club Power Hour SEL Kid-Grit	26 No Program	27 No Program
Managing Me	30 Wellness Club Power Hour SEL Kid-Grit	31 Team Building Club Power Hour Positive Action SEL (P) <i>My stuff, Our stuff</i>	 Happy HALLOWEEN		

Monday-Thursday Schedule

- 2:35 pm - Check-in/Wash hands
- 2:45 pm - Super Snack
- 3:00 pm - Outside Recess
- 3:45 pm - Powerhour (Academics/Homework)
- 4:15 pm - Positive Action (SEL)
- 4:45 pm - Club
- 5:15 pm - Clean up
- 5:30 pm - Check-out

Friday Schedule

- 1:00 pm - Check-in/Wash hands
- 1:15 pm - PM snack
- 1:30 pm - Outside Recess
- 2:30 pm - Super Snack
- 3:00 pm - Power Hour/Meditation/Reflection/Quiet time
- 3:30 pm - STEM/SEL SMART
- 4:00 pm - Computer lab
- 4:30 pm - Special Guest/Club time
- 5:15 pm - Clean up
- 5:30 pm - Check-out



Contact Info

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