

Orem Jr. High After school Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Thinking Big	2 SEL-Positive Action (P): Learning Interests Clubs Reading and Hammocking High Fitness STEM ACTIVITY Open Art Tutor Lab/Power Hour: 3-5	3 Clubs Nail Design Sports Open Art Cooking Robotics Tutor Lab/Power Hour: 3-5	4 SEL-Positive Action (B): Curiosity Clubs Sports HALLOWEEN CRAFT Board Games Movie Gaming Puzzle Club (Student-led) Tutor Lab/Power Hour: 2-5	5 SEL: SMART: Changing Impossible to I'm Possible Clubs Sports Virtual Reality Open Art Cosmetology Robotics Tutor Lab/Power Hour: 3-5	6 TEACHER WORK DAY NO CLUBS
	9 SEL-Positive Action (P): Creativity Clubs Open Art High Fitness STEM ACTIVITY Reading and Hammocking Tutor Lab/Power Hour: 3-5	10 Clubs Nail Design Sports Open Art Slam Poetry (Student-led) Robotics Tutor Lab/Power Hour: 3-5	11 SEL-Positive Action (B): Solving and Action Plans Clubs Sports Cookie Design Board Games Movie Gaming Puzzle Club (Student-led) Tutor Lab/Power Hour: 2-5	12 SEL: SMART: Calming Lamps Clubs Sports Virtual Reality Open Art Cosmetology Robotics Tutor Lab/Power Hour: 3-5	13 Clubs Sports Open Art Bracelet Making Scary Story Telling (Student-led) Dungeons and Dragons Tutor Lab/Power Hour: 3-5
Managing Time and Energy	16 SEL-Positive Action (P): My Resources and Time Management Clubs Open Art High Fitness Robotics Reading and Hammocking Tutor Lab/Power Hour: 3-5	17 Clubs Nail Design Sports Open Art Cooking STEM ACTIVITY Tutor Lab/Power Hour: 3-5	18 SEL-Positive Action (B): Managing my Energy Clubs HALLOWEEN CRAFT Robotics Movie FLAG FOOTBALL TOURNEY Tutor Lab/Power Hour: 2-5	19 FALL BREAK	20 FALL BREAK
	23 PROFESSIONAL DEVELOPMENT NO CLUBS	24 SEL-Positive Action (P): Discovering and Developing My Talents Clubs Nail Design Sports Open Art STEM ACTIVITY Tutor Lab/Power Hour: 3-5	25 SEL-Positive Action (B): Managing My Money Clubs Sports HALLOWEEN CRAFT Gaming Puzzle Club (Student-led) Movie Robotics Tutor Lab/Power Hour: 2-5	26 SEL: SMART: Mind, Body, Soul Clubs Sports Virtual Reality Open Art Cosmetology Movie/Media Club (Student-led) Tutor Lab/Power Hour: 3-5	27 JUMPSTART CONFERENCE CLUBS CANCELED
Managing My Stuff and My Developing Brain	30 SEL-Positive Action (P): Possessions and My Identity Clubs Open Art High Fitness STEM ACTIVITY Reading and Hammocking Tutor Lab: 3-5	31 Clubs Nail Design Sports Open Art Cooking Robotics Tutor Lab/Power Hour: 3-5	1	2	3

Daily Schedule

M/T/Th/F

2:45-3:00 Super snack in the lunchroom, select club
3:00-3:30 SEL Positive Action or SMART(Th)
3:30-4:20 Club rotation
4:20-4:30 Small snack. Late bus arrives.
4:30-5:30 Ending club rotations and cleanup

Wednesdays

1:45-2 Super snack in the lunchroom, select club
2-2:30 SEL: Positive Action
2:30-2:50 Club rotation
2:50-3:00 Small snack. Late bus arrives
3:00-5:30 Ending club rotations and cleanup

HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the Tutor Lab

Contact Info

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