

2023 Mt Nebo Afterschool Program



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7: Thinking Big	2 <u>Morning</u> Open Computers (Baguley) Rm 221 <u>Afternoon:</u> No clubs (Teacher collaboration)	3 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Drama club meeting (Schofield) Rm 300 Power Hour/Study hall <u>Afternoon:</u> SEL (P) Learning Interests Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Lacrosse (Devin) Gym or field by tennis court Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below)	4 <u>Morning</u> Open Computers (Baguley) Rm 221 Power Hour/Study hall <u>Afternoon:</u> Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below) Movies & Meditation (Marissa) Choir room 305	5 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Power Hour/Study hall <u>Afternoon:</u> SEL (B) Curiosity Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Drama Rehearsals (Schofield) Rm 300 Sports Club (Luckau) Gym	6 <u>Morning</u> Power Hour/Study hall <u>Afternoon:</u> SEL SMART - Before, During, After Open Computers (Baguley) Rm 221 3D Printing (Lai) Library (see notes below) Drama Rehearsals (Schofield) Rm 300 Math (Luckau) Rm 203 (canceled today)
Week 8: Building a Strong Mind	9 <u>Morning</u> Open Computers (Baguley) Rm 221 <u>Afternoon:</u> No clubs (Teacher collaboration)	10 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Drama club meeting (Schofield) Rm 300 Power Hour/Study hall <u>Afternoon:</u> SEL (P) Creativity Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Lacrosse (Devin) Gym or field by tennis court Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below)	11 <u>Morning</u> Open Computers (Baguley) Rm 221 Power Hour/Study hall <u>Afternoon:</u> No after school clubs - Mini Parent Teacher Conference	12 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Power Hour/Study hall <u>Afternoon:</u> SEL (B) Problem Solving Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Drama Rehearsals (Schofield) Rm 300 Sports Club (Luckau) Gym	13 <u>Morning</u> Power Hour/Study hall <u>Afternoon:</u> SMART - SEL Guided Imagery Open Computers (Baguley) Rm 221 3D Printing (Lai) Library (see notes below) Drama Rehearsals (Schofield) Rm 300 Math (Luckau) Rm 203
Week 9: Managing Time & Energy	16 <u>Morning</u> Open Computers (Baguley) Rm 221 <u>Afternoon:</u> No clubs (Teacher collaboration)	17 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Drama club meeting (Schofield) Rm 300 Power Hour/Study hall <u>Afternoon:</u> SEL (P) Time Management Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Lacrosse (Devin) Gym or field by tennis court Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below)	18 <u>Morning</u> Open Computers (Baguley) Rm 221 Power Hour/Study hall <u>Afternoon:</u> SEL (B) Managing My Energy Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below) Movies & Meditation (Marissa) Choir room 305	19 <u>No clubs - Fall Break</u>	20 <u>No clubs - Fall Break</u>
Week 10: Managing my talents and money	23 <u>No clubs - Fall Break</u>	24 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Drama club meeting (Schofield) Rm 300 Power Hour/Study hall <u>Afternoon:</u> SEL (P) My Talents Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Lacrosse (Devin) Gym or field by tennis court Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below)	25 <u>Morning</u> Open Computers (Baguley) Rm 221 Power Hour/Study hall <u>Afternoon:</u> Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below) Movies & Meditation (Marissa) Choir room 305	26 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Power Hour/Study hall <u>Afternoon:</u> SEL (B) Managing My Money Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Drama Rehearsals (Schofield) Rm 300 Sports Club (Luckau) Gym	27 <u>Morning</u> Power Hour/Study hall <u>Afternoon:</u> SMART - SEL I'M POSSIBLE Open Computers (Baguley) Rm 221 3D Printing (Lai) Library (see notes below) Drama Rehearsals (Schofield) Rm 300 Math (Luckau) Rm 203
Week 11: Managing my stuff and my developing brain	30 <u>Morning</u> Open Computers (Baguley) Rm 221 <u>Afternoon:</u> No clubs (Teacher collaboration)	31 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Drama club meeting (Schofield) Rm 300 Power Hour/Study hall <u>Afternoon:</u> SEL (P) My Identity Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Lacrosse (Devin) Gym or field by tennis court Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below)	1 <u>Morning</u> Open Computers (Baguley) Rm 221 Power Hour/Study hall <u>Afternoon:</u> Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing (Lai) Library (see notes below) Movies & Meditation (Marissa) Choir room 305	2 <u>Morning</u> Card/Board games (Mendenhall) Rm 208 Power Hour/Study hall <u>Afternoon:</u> SEL (B) My Behavior Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Drama Rehearsals (Schofield) Rm 300 Sports Club (Luckau) Gym	3 <u>Morning</u> Power Hour/Study hall <u>Afternoon:</u> SMART - SEL Calming Lamps Open Computers (Baguley) Rm 221 3D Printing (Lai) Library (see notes below) Drama Rehearsals (Schofield) Rm 300 Math (Luckau) Rm 203

Daily Schedule

Mornings

7:30 am - 8:00 am: Power hour/Study hall

Afternoons

2:40 pm - 2:45 pm: School is Released.

Students head to cafeteria to check-in

2:45 pm - 2:50 pm: Check-in and snacks\

2:45 pm - 3:15 pm: SEL Positive Action Lesson - SMART Moves

3:15 pm - 4:30 pm: Club Time

4:30 pm- 4:35 pm: Snacks

4:40 pm: Busses Leave

4:40 pm - 5:30 pm: Enrichment

5:30 pm Clubs Closed

Fridays

Afternoon Schedule as Normal

2:45 - 3:45 SEL SMART Moves Offered

Contact Info

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