# OCTOBER 2023

# Mount Mahoga

618 N 1300 W St. Pleasant Grove, Utah 84062 | 385-230-7945



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Strong Body and Mind and Managing Me!

#### **Get To Know**

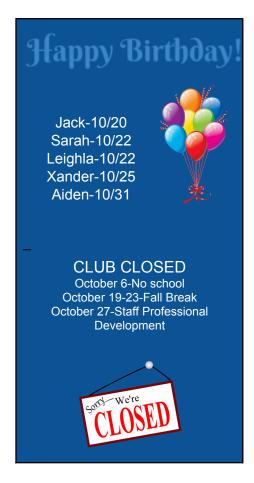


My name is Kennedy Payne, I am from Spanish Fork, UT and I am the new

site director for the BGC! I graduated from Utah State University with my bachelors in social work. I love spending time with my husband and my puppy. We like to play soccer, tennis, and hike. I am super excited to be here!

# **Upcoming Events**

October 6-Teacher Work Day, NO SCHOOL or CLUB October 19-23-FALL BREAK, NO SCHOOL or CLUB October 27-Staff Professional Development-NO CLUB



## **Contact Information:**

Kennedy Payne - Site Coordinator Phone: 385-230-7945

Email: mtmahogany@bgcutah.org



# Project Learn

Monday-Thursday 4:30pm-5:00pm This time is set aside for homework help and different High Yield Learning Activities.

#### STEM Labs

Monday-Thursday 5:00pm-5:30pm Friday 4:30pm-5:30pm

We will be having a variety of different Science, Technology, Engineering, and Math activities that the students will have a chance to participate in. They will have a chance to participate in Coding Club and Science Club every Tuesday and Thursday!

#### **Enrichment**

Monday-Thursday 5:00pm-5:30pm Friday 4:30pm-5:30pm

Self-Care-Students will learn different skills to take care of themselves.

Soccer-Students will have the opportunity to learn basic soccer skills and practice them in a variety of

SuperHeroes-Students will have the opportunity to learn about different superheroes and what qualities make a superhero.

Feelings-Students will get to immerse themselves in different feelings and new ways to express those

### SEL (Prevention and Behavior)

Positive Action Tuesday and Thursday 4:00pm-4:30pm SMART Friday 4:00pm-4:30pm

SMART: Building Your Group Agreements, Feeling Faces/All the Feels, Emotions Head to Toe, and Time Travelers/Before, During, and After.

Positive Action: Thinking Big, Read On!, Building a Strong Mind, Decision Making and Problem-Solving, Self-Discipline, and My Stuff, Our Stuff.





