

# OCTOBER 2023

# Milford

450 South 700 West | 1-801-372-4836



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Strong Body & Mind*

## Get To Know



Mrs. Melissa Stewart is our Program Manager. She has been involved with After School since moving to Milford in 2017. Melissa enjoys spending time with her husband and three girls. Together this summer they went camping, raised a garden, prepared a pasture, planted many trees and enjoyed a few evenings riding through the mountains. She enjoys baking and reading in her spare time.

## Upcoming Events

END OF 1ST QUARTER - OCT. 19TH  
DAY BETWEEN QUARTERS - OCT. 20TH  
FALL BREAK - OCT. 23RD-24TH  
HALLOWEEN- OCTOBER 31ST

## Happy Birthday!

Amy 14th  
Lafe 25th



### CLUB CLOSED

Oct. 23rd & 24th - Fall Break  
Oct. 26th - Staff Training  
Oct. 31st - Student Led Conferences



### Contact Information:

**Lorie Schow - Site Coordinator**  
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Email: [lorie.schow@bgcutah.org](mailto:lorie.schow@bgcutah.org)

## Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

### STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

### Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities

### SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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