

Coral Cliffs After school Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|--|--|-------------------------------------|---|
| Strong Body & mind | 2 The Great Pumpkin Club SEL Positive Action(P) <i>Thinking big, Read on</i> Power Hour | 3 The Great Pumpkin Club SEL Kid-Grit Lesson Power Hour Journal Club | 4 The Great Pumpkin Club SEL Positive Action(B) <i>Thinking big, Read on</i> Power Hour | 5 STEM Power Hour | 6 The Great Pumpkin Club Journal Club SMART Moves Lesson Power Hour |
| Strong Body & mind | 9 Ghost Club SEL Positive Action(P) <i>Building a strong mind</i> Power Hour | 10 Haunted House Club SEL Positive Action(B) <i>Building a strong mind</i> Power Hour | 11 STEM Power Hour | 12 NO SCHOOL/ CLUB fall Break | 13 NO SCHOOL/ CLUB fall Break |
| Strong Body & mind | 16 NO SCHOOL/ CLUB fall Break | 17 The Mummy's Curse Club SEL Positive Action(P) <i>Decision making & problem solving</i> Power Hour | 18 The Mummy's Curse Club SEL Positive Action(B) <i>Decision making & problem solving</i> Power Hour | 19 STEM Power Hour | 20 Mad scientist Club Journal Club SMART Moves Lesson Power Hour |
| Managing Me | 23 Spooky Season Club SEL Positive Action(P) <i>Self-Discipline</i> Power Hour | 24 Spooky Season Club SEL Kid-Grit Lesson Power Hour | 25 Spooky Season Club SEL Positive Action(B) <i>Self-Discipline</i> Power Hour | 26 No BGC Today | No BGC Today |
| Managing Me | 30 Spooky Season Club SEL Positive Action(P) <i>My stuff, Our stuff</i> Power Hour | 31 SEL Kid-Grit Lesson Power Hour | 1 Dia De Los Muertos SEL Positive Action(B) <i>My stuff, Our stuff</i> Power Hour | 2 STEM Power Hour | 3 Journal Club SMART Moves Lesson Power Hour |

Daily Schedule Mon-Thurs

| | |
|------------|---|
| 2:35-2:45 | CHECK IN |
| 2:45-3:00 | Snack Time |
| 3:00-3:15 | Feelings Check-in |
| 3:15-3:45 | Recess |
| 3:45-4:15 | Positive Action/SEL OR Kid-grit Lessons/SEL, STEM |
| 4:15-4:30 | Power Hour |
| 4:30- 5:15 | Club Time |
| 5:15-5:30 | Snack Time |
| 5:30 | PICKUP |

Daily Schedule Friday

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|------------|-------------------------------------|
| 1:00-1:15 | CHECK IN |
| 1:15-1:45 | Recess |
| 1:45-2:00 | PM Snack |
| 2:00-2:15 | Feelings Check-in |
| 2:15-2:45 | Power Hour |
| 2:45- 3:00 | Snack Time |
| 3:00-3:30 | Outside Club |
| 3:30-4:00 | ClubTime / Meditation / Brain Break |
| 4:00-4:30 | SMART Moves |
| 4:30-5:30 | FUN Friday Club |
| 5:30 | PICK UP |

Contact Info

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