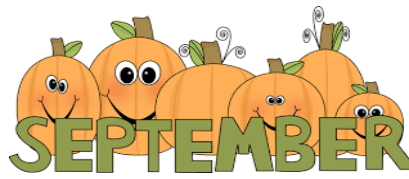


# Windsor Elementary

Program 2023-2024



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Positively Me	4 <b>CLUB CLOSED</b> Labor Day	5 <b>PHYSICAL CLUB</b> Power Hour Positive Action (P): A positive way to do everything: Thoughts-Actions-Feelings Circle	6 <b>STEM CLUB</b> SEL Kid-Grit Power Hour	7 <b>CREATIVE CLUB</b> Power Hour Positive Action (B): A positive way to do everything: Thoughts-Actions-Feelings Circle	8 SMART MOVES Power Hour <b>FUN FRIDAY!</b>
Positively Me	11 SEL Kid-Grit Power Hour Art Club	12 <b>PHYSICAL CLUB</b> Power Hour Positive Action (P): Our strongest motivation, good self-concept and happiness	13 <b>STEM CLUB</b> SEL Kid-Grit Power Hour	14 <b>CREATIVE CLUB</b> Power Hour Positive Action (B): Our strongest motivation, good self-concept, and happiness	15 SMART MOVES Power Hour <b>FUN FRIDAY!</b>
Strong Body and Mind	18 SEL Kid-Grit Power Hour Art Club	19 <b>PHYSICAL CLUB</b> Power Hour Positive Action (P): Healthy body and mind	20 <b>STEM CLUB</b> SEL Kid-Grit Power Hour	21 <b>CREATIVE CLUB</b> Power Hour Positive Action (B): Healthy body and mind	22 SMART MOVES Power Hour <b>FUN FRIDAY!</b>
Strong Body and Mind	25 SEL Kid-Grit Power Hour Art Club	26 <b>PHYSICAL CLUB</b> Power Hour Positive Action (P): Eating for health, avoiding harmful substances	27 <b>STEM CLUB</b> SEL Kid-Grit Power Hour	28 <b>CREATIVE CLUB</b> Power Hour Positive Action (B): Eating for health, avoiding harmful substances	29 SMART MOVES Power Hour <b>FUN FRIDAY!</b>

### Daily Schedule

- 3:30-3:50 - Check in / Snack
- 3:50-4:00 - Bathroom/Water break
- 4:00-4:15 Power Hour (Homework / Reading)
- 4:15-4:20 Transition time
- 4:20-4:50 - SEL (Positive Action / Kid-Grit / SMART Moves)
- 4:50-4:55 Transition time
- 4:55-5:15 - Clubs
- 5:15-5:25 - RECESS
- 5:25-5:30 - Get ready to go
- 5:30-5:45 - Check out / Go home

### Contact Info

Fina Giraldo - Site Coordinator

Email: [josefina.muller@bgcutah.org](mailto:josefina.muller@bgcutah.org)

Phone: 801-372-5373 (call/text)  
(Monday to Friday, 2:30 p.m. to 6:00 p.m.)

Program Address: 1315 N Main St. Orem, Utah

