

**Washington
Afterschool Program
2023-2024**



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1	2	3	4
	7	8	9	10	11
	14	15 First Day Of School	16 	4 	18
Pre-Survey Units 1-3	21 Wellness Club Power Hour Positive Action Activity: Clubmate Interview	22 Team Building Club Power Hour Positive Action SEL(P) Activity: Chit chat Cubes	23 Art Club Power Hour Kid-Grit Lesson Activity: All About me: Silhouette	24 STEM Club Power hour Positive Action SEL (B) Activity: Tallest paper tower	25
Feeling good with positive actions	28 	29 Team Building Club Power Hour Positive Action SEL(P) Activity: "Just like me"	30 Art Club Power Hour Kid-Grit Lesson Activity: Mosaic chalk art	31 STEM Club Power hour Positive Action SEL (B) Activity: Hoop straw airplane	1 Kindness Club Bumpin Books SMART Moves Lesson Kid-Grit Lesson Activity: "I can filter my thoughts"

Monday-Thursday Schedule	Friday Schedule
3:30-3:40 pm Welcome Check-in/Wash hands 3:40- 3:50 pm - Super Snack/ Daily rundown 3:50-4:10 pm - Outside Recess/wash hands 4:10-4:30pm - Power hour (Homework) 4:30-5:05pm - Positive Action (SEL)/ Kid-Grit 5:05-5:20pm - STEM/Club/Smart Moves 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:15 pm - Check-in/Wash hands 12:15-12:45 pm - Club Recess 12:45-1:00 pm - Positivity Circle /Journaling Club 1:00-1:30 pm - Pm Snack/ Daily Rundown 1:30-2:00 pm - Computer Lab/ Kid-Grit 2:00-2:30 pm - Bumpin Books 2:30-2:45 pm - Super Snack 2:45-3:15 pm - Outside Club Time 3:15-3:45 pm - Smart Moves 3:45-4:15 pm - Meditation Club 4:15-5:15 Fun Friday Club/Special Guest 5:15-5:30 pm - Clean up/Check-out

Contact Info
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