

Washington Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Positively Me	28 No Club No School	29 Team Building Club Power Hour Positive Action SEL (P) <i>"Feeling good with positive action"</i>	30 Art Club Power Hour Positive Action (SEL)	31 STEM Club Power hour Positive Action SEL(B) <i>"Feeling good with positive action"</i>	1 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Positively Me	4 ★★★ NO CLUB HAPPY LABOR DAY ★★★	5 Team Building Club Power Hour Positive Action SEL(P) <i>"A positive way to do everything: Thoughts-Actions-Feelings Circle"</i>	6 Art Club Power Hour Positive Action (SEL)	7 STEM Club Power hour Positive Action SEL(B) <i>"A positive way to do everything: Thoughts-Actions-Feelings Circle"</i>	8 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Positively Me	11 Wellness Club Power Hour Kid-Grit Lesson	12 Team Building Club Power Hour Positive Action SEL(P) <i>"Feeling good about ourselves is our strongest motivation"</i>	13 Art Club Power Hour Positive Action (SEL)	14 STEM Club Power hour Positive Action SEL(B) <i>"our opinion influences how we feel about ourselves and determines our happiness"</i>	15 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Strong Body & Mind	18 Wellness Club Power Hour Kid-Grit Lesson	19 Team Building Club Power Hour Positive Action SEL(P) <i>"Healthy body and mind"</i>	20 Art Club Power Hour Positive Action (SEL)	21 STEM Club Power hour Positive Action SEL(B) <i>"Healthy body and mind"</i>	22 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson
Strong Body & Mind	25 Wellness Club Power Hour Kid-Grit Lesson	26 Team Building Club Power Hour Positive Action SEL(P) <i>"Eating for health, avoiding harmful substances"</i>	27 Art Club Power Hour Positive Action (SEL)	28 STEM Club Power hour Positive Action SEL(B) <i>"Eating for health, avoiding harmful substances"</i>	29 Kindness Club Bumpin Books SMART Moves Kid-Grit Lesson

Monday-Thursday Schedule	Friday Schedule
3:30-3:40 pm Welcome Check-in/Wash hands 3:40- 3:50 pm - Super Snack/ Daily rundown 3:50-4:10 pm - Outside Recess/wash hands 4:10-4:30pm - Power hour (Homework) 4:30-5:05pm - Positive Action (SEL)/ Kid-Grit 5:05-5:20pm - STEM/Club/Smart Moves 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:15 pm - Check-in/Wash hands 12:15-12:45 pm - Club Recess 12:45-1:00 pm - Positivity Circle /Journaling Club 1:00-1:30 pm - Pm Snack/ Daily Rundown 1:30-2:00 pm - Computer Lab/ Kid-Grit 2:00-2:30 pm - Bumpin Books 2:30-2:45 pm - Super Snack 2:45-3:15 pm - Outside Club Time 3:15-3:45 pm - Smart Moves 3:45-4:15 pm - Meditation Club 4:15-5:15 Fun Friday Club/Special Guest 5:15-5:30 pm - Clean up/Check-out

Contact Info
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