

Timpanogos After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Positively M	28	29	30	31	1 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Positively Me	NO SCHOOL	5 SEL (P)- A positive way to do everything: Thoughts-Actions- Feelings Circle Power Hour/HYLA Clubs: Our Home/Utah Circle Up	6 Power Hour/HYLA Clubs: Our Home/Utah Circle Up	7 SEL (B)- A positive way to do everything: Thoughts-Actions- Feelings Circle Power Hour/HYLA Clubs: Our Home/Utah Circle Up	8 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Positively Me	11 Power Hour/HYLA Clubs: States/Around our Country Circle Up	12 SEL (P)- Our strongest motivation, good self-concept & happiness Power Hour/HYLA Clubs: States/Around our Country Circle Up	13 Power Hour/HYLA Clubs: States/Around our Country Circle Up	14 SEL (P)- Our strongest motivation, good self-concept & happiness Power Hour/HYLA Clubs: States/Around our Country Circle Up	15 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Strong Body & Mind	18 Power Hour/HYLA Clubs: Cultural/Around the World Circle Up	19 SEL (P)- Healthy body and mind Power Hour/HYLA Clubs: Cultural/Around the World Circle Up	20 Power Hour/HYLA Clubs: Cultural/Around the World Circle Up	21 SEL (P)- Healthy body and mind Power Hour/HYLA Clubs: Cultural/Around the World Circle Up	22 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday
Strong Body & Mind	25 Power Hour/HYLA Clubs: Space/Out of This World Circle Up	26 SEL (P)- Eating for health, avoiding harmful substances Power Hour/HYLA Clubs: Space/Out of This World Circle Up	27 Power Hour/HYLA Clubs: Space/Out of This World Circle Up	28 SEL (P)- Eating for health, avoiding harmful substances Power Hour/HYLA Clubs: Space/Out of This World Circle Up	29 SEL(Check-up Moments) SMART MOVES/STEM Circle Up Fun Friday

Daily Schedule MON & WED	Daily Schedule TUE & THURS	Daily Schedule FRI
3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - Power Hour(HYLA) 4:15-5:15 PM - Clubs/Rotation 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick up	3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - SEL-Positive Action 4:15-4:45 PM - Power Hour(HYLA) 4:30-5:15 PM - Clubs/Rotations 5:15-5:30 PM - Clean up/Circle up 5:30 PM - Check-out/Pick	1:30-2:00 PM - Check-in, Recess 2:00-3:00 PM - 30 min rotations, SEL-SMART MOVES/STEM 3:00-3:45 PM - Snack, Second Recess 3:45-4:00 PM - Circle up 4:00-5:15 PM - Fun Friday 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up



Contact Info
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