

# Sunset View

## After School Program

### 2023-2024



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1
					POSITIVE ACTION/SEL STEM: <i>Learning about Bridges</i> SMART MOVES FUN FRIDAY
POSITIVELY ME	4 GOODBYE SUMMER CLUB: <i>School Supply Scavenger Hunt</i> POWERHOUR	5 GOODBYE SUMMER CLUB: <i>School Year Goals</i> POWER HOUR POSITIVE ACTION (P) <i>A positive way to do everything: Thoughts-Actions-Feelings Circle</i>	6 GOODBYE SUMMER CLUB: <i>Paper Rockets</i> POWERHOUR	7 GOODBYE SUMMER CLUB: <i>Enjoying the Sun: Outdoor Kickball</i> POWER HOUR POSITIVE ACTION (B) <i>A positive way to do everything: Thoughts-Actions-Feelings Circle</i>	8 POSITIVE ACTION + SEL STEM: <i>Lego Bridges</i> SMART MOVES FUN FRIDAY
POSITIVELY ME	11 CULINARY ARTS CLUB: <i>Trail Mix</i> POWERHOUR	12 CULINARY ARTS CLUB: <i>Fudge in a Bag</i> POWER HOUR POSITIVE ACTION (P) <i>Our strongest motivation, good self-concept &amp; happiness</i>	13 CULINARY ARTS CLUB: <i>Create your own Restaurant!</i> POWERHOUR	14 CULINARY ARTS CLUB: <i>Homemade Salsa and Chips</i> POWER HOUR POSITIVE ACTION (B) <i>Our strongest motivation, good self-concept &amp; happiness</i>	15 POSITIVE ACTION/SEL STEM: <i>Marshmallow Towers</i> SMART MOVES FUN FRIDAY
STRONG BODY AND MIND	18 TRAVELING THROUGH TIME CLUB: <i>Egyptian Pyramid Building</i> POWERHOUR	19 TRAVELING THROUGH TIME CLUB: <i>Egyptian Pyramid Building</i> POWER HOUR POSITIVE ACTION (P) <i>Healthy Body and Mind</i>	20 TRAVELING THROUGH TIME CLUB: <i>Homemade Butter + Bread</i> POWERHOUR	21 TRAVELING THROUGH TIME CLUB: <i>Jurassic Era</i> POWER HOUR POSITIVE ACTION (B) <i>Healthy Body and Mind</i>	22 POSITIVE ACTION/SEL STEM: <i>100 Game</i> SMART MOVES FUN FRIDAY
STRONG BODY AND MIND	25 TRAVELING THROUGH TIME CLUB: <i>Sugar Cube Castles</i> POWERHOUR	26 TRAVELING THROUGH TIME CLUB: <i>Sugar Cube Castles</i> POWER HOUR POSITIVE ACTION (P) <i>Eating for health, avoiding harmful substances</i>	27 TRAVELING THROUGH TIME CLUB: <i>Greece Polis</i> POWERHOUR	28 TRAVELING THROUGH TIME CLUB: <i>Time Travel Machines</i> POWER HOUR POSITIVE ACTION (B) <i>Eating for health, avoiding harmful substances</i>	29 POSITIVE ACTION/SEL STEM: <i>Catapults</i> SMART MOVES FUN FRIDAY

#### Daily Schedule

##### MONDAY - THURSDAY

3:15 - 3:50 PM: Check in, Snack, Recess  
3:50 - 4:20 PM: Positive Action/SEL  
4:20 - 4:50 PM: Rotation 1  
4:50 - 5:20 PM: Rotation 2  
5:20 - 5:30 PM: Clean Up & Pick Up

##### FRIDAY

1:30 - 2:00 PM: Check in, Recess  
2:00 - 2:40 PM: STEM Rotation  
2:40 - 3:20 PM: SMART Moves Rotation  
3:20 - 4:00 PM: Snack & Recess  
4:00 - 5:15 PM: Fun Friday Rotations  
5:15 - 5:30 PM: Clean Up & Pick Up



UTAH DEPARTMENT OF  
**WORKFORCE SERVICES**  
CHILD CARE

#### Contact Info

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