

# Sunset After School Program 2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1	2	3	4
	7	8	9	10	11
	14	15  First day of School	16	17	18
Pos Action Pre-survey	21 <b>FIRST DAY!!</b> Getting to know you SEL(P) Positive Action Pre- survey Power Hour Journal Club	22 <b>Welcome Week</b> SEL Kid-Grit Lesson Power Hour Journal Club	23 <b>Welcome Week</b> SEL(B) Positive Action Pre- survey Power Hour Journal Club	24 <b>Welcome Week</b> Intro to STEM Power Hour Journal Club	25  NO AFTER SCHOOL PROGRAM OR SCHOOL
Feeling good with positive actions (Unit 1:1-4)	28  NO AFTER SCHOOL PROGRAM OR SCHOOL	29 SEL(P) Positive Action Feeling Good- Unit 1 Lesson 1&2 Passport Club Power Hour Journal Club	30 SEL(B)Positive Action feeling good- Unit 1 Lesson 3&4 Passport Club Power Hour Journal Club	31 SEL Kid-Grit Lesson Power Hour Journal Club	1 Pos. of the week/Journal Club SMART Moves Lesson Passport Club Power Hour

Daily Schedule Mon-Thurs		Daily Schedule Friday	
2:35-2:45	CHECK IN	1:00-1:15	CHECK IN
2:45-3:00	Snack Time	1:15-1:45	Outside Club Time
3:00-3:30	Outside Club Time	1:45-2:00	PM Snack Time
3:30-4:00	Power Hour/Journal Club	2:00-2:15	Positives of the week/Journal Club
4:00-4:30	Club Time	2:15-2:45	Power Hour/ Computer Lab Time
4:30-5:00	SEL Positive Action OR SEL Kid-grit, STEM	2:45- 3:15	Outside Club Time
5:00-5:15	Free Time	3:15-3:30	Snack Time
5:15-5:30	Snack Time	3:30-4:00	SMART Moves Lesson
5:30	PICKUP	4:00-4:30	Brain Break
		4:30-5:30	FUN Friday Club
		5:30	PICK UP



Contact Info
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