## **Legacy** After School Program 2023-2024





SEL Weekly Focus	Monday	Tuesday		Wednesday	Thursday	Friday
Positively ME!	28 SCHOOL CLOSED No Club / No School	29 SPACE Club Week SEL (P) - Positive Action: Unit 1-2 Project Learn	С	30 ACE Club Week onstellation Art Project Learn	31 SPACE Club Week SEL (B) - Positive Action: Unit 3-4 Project Learn	1 Space Club Week STEM Activity Positivity Circle SMART Moves
Positively ME!	4 SCHOOL CLOSED No Club / No School	5 Wild Cats Club SEL (P) - Positive Action: A positive way to do everything: Thoughts- Actions-Feelings Circle <i>Project Learn</i>	6 Wild Cats Club Positive Lion Mane Hyena Masks <i>Project Learn</i>		7 Wild Cats Club SEL (B) - Positive Action: A positive way to do everything: Thoughts- Actions-Feelings Circle <i>Project Learn</i>	8 Wild Cats Club STEM Activity Positivity Circle SMART Moves
Positively ME!	11 Jungle Island Club "How you see yourself" <i>Project Learn</i>	12 Jungle Island Club SEL (P) - Positive Action: Our strongest motivation, good self-concept & happiness <i>Project Learn</i>	Pe	13 <b>Ingle Island Club</b> It Parrot Project Project Learn	14 Jungle Island Club SEL (B) - Positive Action: Our strongest motivation, good self-concept & happiness <i>Project Learn</i>	15 Jungle Island Club STEM Activity Positivity Circle SMART Moves
Strong Body & Mind	18 Move & Groove Club Red Light, Green Light <i>Project Learn</i>	19 Move & Groove Club SEL (P) - Positive Action: Healthy body and mind <i>Project Learn</i>	20 Move & Groove Club Gratitude Project <i>Project Learn</i>		21 Move & Groove Club SEL (B) - Positive Action: Healthy body and mind <i>Project Learn</i>	22 Move & Groove Club STEM Activity Positivity Circle SMART Moves
Strong Body & Mind	25 Autumn Club Healthy Habits Project Learn	26 Autumn Club SEL (P) - Positive Action: Eating for health, avoiding harmful substances <i>Project Learn</i>	27 Autumn Club Thankful Leaves Project Learn		28 Autumn Club SEL (B) - Positive Action: Eating for health, avoiding harmful substances <i>Project Learn</i>	29 Autumn Club STEM Activity Positivity Circle SMART Moves
Monday-Thursday Schedule				Friday Schedule		
3:30 - 3:40 pm - Welcome Check-in/Wash hands 3:40- 3:50 pm - Super Snack/Feelings Check-in 3:50-4:10 pm - Recess/Wash hands 4:10-4:40 pm - SEL - Positive Action 4:40-5:10 pm - Weekly Theme Activity (Club Time) 5:10-5:30 pm - Project Learn (Academic Support) 5:30 pm - Pass out PM Snack & Check-out				<ul> <li>12:00 - 12:20 pm - Welcome Check-in/Wash hands</li> <li>12:20 - 12:50 pm - Weekly Theme Activity (Club Time)</li> <li>12:50 - 1:50 pm - STEM Activity</li> <li>1:50 - 2:10 pm - Recess/Wash hands</li> <li>2:10 - 2:40 pm - Positivity Circle/Feelings Check-in</li> <li>2:40 - 2:55 pm - Super Snack Time</li> <li>2:55 - 3:25 pm - SMART Moves</li> <li>3:25 - 4:25 pm - Station Rotation Activity Time</li> <li>4:25 - 4:45 pm - Recess/Wash hands</li> <li>4:45 - 5:15 pm - Weekly Theme Activity (Club Time)</li> <li>5:15 - 5:25 pm - PM Snack</li> <li>5:25 - 5:30 pm - Clean up/Check-out</li> </ul>		

## **Contact Info**



Heidi Taylor - *Site Coordinator* Email: <u>legacy@bgcutah.org</u> \* Phone: (801) 372-3284

Program Address: 280 E 100 S St George, UT 84780

We are so excited to create an amazing club experience with our Legacy club members. Please make sure to save and add our email address to your contact list so you don't miss out on important information throughout the year. Each week we have club themes where most of our activities stem from that week's focus. We like to focus on collaboration, teamwork with lots of group work and individual projects that club members may be able to present to the group if time allows. If you ever have questions please reach out.

Sept 4 - 8	Theme: Wild Cats Club Week					
4th	No School / No Club					
5th	Positive Action Lesson - Prevention: A positive way to do everything: Thoughts- Actions-Feelings Circle Create and share/present mini books, "All About Me"					
6th	Hyena Masks Positivity Lion Mane					
7th	Positive Action Lesson - Behavior: A positive way to do everything: Thoughts- Actions-Feelings Circle Gratitude Project					
8th	Card Making Cat Ears Finger Puppets					
Sept 11 -	15 Theme: Jungle Island Club Week					
11th	How you see yourself					
12th	Positive Action Lesson - Prevention: Our strongest motivation, good self-concept & happiness Jungle Bookmarks					
13th	Finding Motivation Pet parrot craft project					
14th	Positive Action Lesson - Behavior: Our strongest motivation, good self-concept & happiness Jungle Relay					
15th	Jungle Animal Paper Plates					
Sept 18 - 22 Theme: Move & Groove Club Week						
18th	Red Light, Green Light					
19th	Positive Action Lesson - Prevention: Our strongest motivation, good self-concept & happiness Animal Yoga					
20th	Obstacle Course Gratitude Project					
21th	Positive Action Lesson - Behavior: Our strongest motivation, good self-concept & happiness Simon Says					
22rd	Elephant Toothpaste Pipe Cleaner Bracelets					
Sept 25 -	29 Theme: Autumn Club Week					
25th	Healthy Habits					
26th	Positive Action Lesson - Prevention: Our strongest motivation, good self-concept & happiness Fall Equinox					
27th	Thankful Leaves					
28th	Positive Action Lesson - Behavior: Our strongest motivation, good self-concept & happiness Fall Tree Paint					
29th	Pipe Cleaner Spiders Feeling Faces					

\*\* All activities, lessons, and crafts are tentatively scheduled. May be subject to change at the discretion of BGC with the best interests of club members in mind.