

SANDSTONE

After School Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|---|--|--|--|
| Positively Me | 28 SEL(P): Positive Action Club: Feeling good with positive actions Power Hour | 29 Kid Grit Club/SEL Power Hour | 30 Positive Action Club/SEL(B): Feeling good with positive actions Power Hour | 31 | 1 STEM SMART MOVES SEL COMPUTER LAB POWER HOUR |
| Positively Me | 4 NO SCHOOL | 5 Kid Grit Club/SEL ANIMAL BREATHING CLUB: SNAKE Power Hour | 6 SEL(P): Positive Action Club: A positive way to do everything: Thoughts-Actions-Feelings Circle ANIMAL BREATHING CLUB: BUNNY Power Hour | 7 SEL(B): Positive Action Club: A positive way to do everything: Thoughts-Actions-Feelings Circle ANIMAL BREATHING CLUB: WHALE Power Hour | 8 STEM SMART MOVES SEL ANIMAL BREATHING CLUB: BEE COMPUTER LAB POWER HOUR |
| Positively Me | 11 SEL(P): Positive Action Club: Our strongest motivation, good self-concept & happiness SCIENCE CLUB Power Hour | 12 Kid Grit Club/SEL SCIENCE CLUB Power Hour | 13 SEL(B): Positive Action Club: Our strongest motivation, good self-concept & happiness SCIENCE CLUB Power Hour | 14 SCIENCE CLUB Power Hour | 15 STEM SMART MOVES COMPUTER LAB POWER HOUR SCIENCE CLUB |
| Strong Body & Mind | 18 SEL(P): Positive Action Club: Healthy body and mind JUNGLE CLUB Power Hour | 19 Kid Grit Club/SEL JUNGLE CLUB Power Hour | 20 SEL(B): Positive Action Club: Healthy body and mind JUNGLE CLUB Power Hour | 21 JUNGLE CLUB Power Hour | 22 STEM SMART MOVES COMPUTER LAB POWER HOUR JUNGLE CLUB |
| Strong Body & Mind | 25 SEL(P): Positive Action Club: Eating for health, avoiding harmful substances 5 SENSES CLUB Power Hour | 26 Kid Grit Club/SEL 5 SENSES CLUB Power Hour | 27 SEL(B): Positive Action Club: Eating for health, avoiding harmful substances 5 SENSES CLUB Power Hour | 28 5 SENSES CLUB Power Hour | 29 STEM SMART MOVES COMPUTER LAB POWER HOUR 5 SENSES CLUB |

| Daily Schedule | Friday Schedule |
|--|--|
| Monday - Thursday 3:30-3:45 Welcome & Snack Time 3:45-4:00 Feelings Check in & Daily Announcements 4:00-4:30 Outside Physical Energy Release Extravaganza 4:30-5:00 Academic Support 5:00-5:30 SEL Club, Positive Action, Kid Grit, or STEM 5:30-5:45 Pickup | 12:00-12:30 Outside Club Time 12:30-12:45 PM Snack Time 12:45-1:00 Feelings Check in & Daily Announcements 1:00-1:30 Computer Lab Power Hour 1:30-2:30 SMART Moves/SEL 2:30-2:45 Snack Time 2:45-3:15 Outside Club Time 3:15-3:45 Meditation Club 3:45-4:30 STEM Club 4:30-5:15 Fun Friday Club 5:15-5:30 Pickup |



Contact Info

Kaylee Boone
Site Coordinator
Email: kaylee.boone@bgcutah.org
Phone: 8013723059

Program Address: 850 N 2450 E, St. George, UT 84790

