

# Provo Peaks Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Positively Me!	Getting to Know you - Animals	28 <b>First Day of Clubs!</b> Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2	29 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	30 Project Learn: Brain Train (Power Hour) SEL (P) - Pre survey Feeling good with Positive Actions Group 1 Physical Rotation Group 2	31 Project Learn: Brain Train (Power Hour) SEL (P) - Pre Survey Feeling good with Positive Actions Group 2 Physical Rotation Group 1	1 STEM Rotation all groups SEL (B) - Feeling Good with Positive Actions Recess Table Time/ Free Time
Positively Me!	Animals	4 <b>Closed!</b> <b>Happy Labor Day!</b>	5 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	6 Project Learn: Brain Train (Power Hour) SEL (P) - A positive way to do everything Group 1 Physical Rotation Group 2	7 Project Learn: Brain Train (Power Hour) SEL (P) - A positive way to do everything Group 2 Physical Rotation Group 1	8 STEM Rotation all groups SEL (B) - A Positive way to do everything Recess Table Time/ Free Time
Positively Me!	Sports	11 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2	12 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	13 Project Learn: Brain Train (Power Hour) SEL (P) - Our strongest motivation, good self-concept, & happiness Group 1 Physical Rotation Group 2	14 Project Learn: Brain Train (Power Hour) SEL (P) - Our strongest motivation, good self-concept, & happiness Group 2 Physical Rotation Group 1	15 STEM Rotation all groups SEL (B) - Our Strongest motivation, good self-concept, & happiness Recess Table Time/ Free Time
Strong Body and Mind	Sports	18 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2	19 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	20 Project Learn: Brain Train (Power Hour) SEL (P) -Healthy Body and Mind Group 1 Physical Rotation Group 2	21 Project Learn: Brain Train (Power Hour) SEL (P) - Healthy Body and Mind Group 2 Physical Rotation Group 1	22 STEM Rotation all groups SEL (B) - Healthy Body and Mind Recess Table Time/ Free Time
Strong Body and Mind	Food	25 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2	26 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1	27 Project Learn: Brain Train (Power Hour) SEL (P) - Eating for health avoiding harmful substances Group 1 Physical Rotation Group 2	28 Project Learn: Brain Train (Power Hour) SEL (P) - Eating for health avoiding harmful substances Group 2 Physical Rotation Group 1	29 STEM Rotation all groups SEL (B) -Eating for health avoiding harmful substances Recess Table Time/ Free Time

Daily Schedule	
<p><u>Monday &amp; Tuesday</u> 3:20pm Program begins, Snack, Recess 3:50pm Circle Up-SEL 4:00pm Project Learn: Power Hour/ Brain Train 4:30pm SMART Moves/ Art Rotation 5:15pm Clean up 5:30pm Program Closes, Checkout</p>	<p><u>Wednesday &amp; Thursday</u> 3:20pm Program begins, Snack/Recess 3:50pm Circle Up-SEL 4:00pm Project Learn: Power Hour/ Brain Train 4:30pm SEL -Positive Action Group 1 (Group 2 Thursday) Physical Rotation Group 2 (Group 1 Thursday) 5:15pm Clean up 5:30pm Program Closes, Checkout</p>
<p><u>Friday</u> 1:20pm Program begins, snack, recess 1:50pm Circle Up-SEL 2:00 pm STEM Rotation 2:30pm SEL Positive Action Rotation 3:00pm Recess/Table Time 3:15pm Clean Up 3:30pm Program closes, Checkout</p>	

Contact Info
Ashley Parrott Area Director
Email: <a href="mailto:provopeaks@bgcutah.org">provopeaks@bgcutah.org</a>
Phone: (801) 717-0809
Program Address: 665 E Center St. Provo

