

Provo Peaks Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

| SEL Weekly Focus | Weekly Theme | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|-------------------------------|--|--|--|--|---|
| Positively Me! | Getting to Know you - Animals | 28 First Day of Clubs! Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2 | 29 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1 | 30 Project Learn: Brain Train (Power Hour) SEL (P) - Pre survey Feeling good with Positive Actions Group 1 Physical Rotation Group 2 | 31 Project Learn: Brain Train (Power Hour) SEL (P) - Pre Survey Feeling good with Positive Actions Group 2 Physical Rotation Group 1 | 1 STEM Rotation all groups SEL (B) - Feeling Good with Positive Actions Recess Table Time/ Free Time |
| Positively Me! | Animals | 4 Closed! Happy Labor Day! | 5 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1 | 6 Project Learn: Brain Train (Power Hour) SEL (P) - A positive way to do everything Group 1 Physical Rotation Group 2 | 7 Project Learn: Brain Train (Power Hour) SEL (P) - A positive way to do everything Group 2 Physical Rotation Group 1 | 8 STEM Rotation all groups SEL (B) - A Positive way to do everything Recess Table Time/ Free Time |
| Positively Me! | Sports | 11 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2 | 12 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1 | 13 Project Learn: Brain Train (Power Hour) SEL (P) - Our strongest motivation, good self-concept, & happiness Group 1 Physical Rotation Group 2 | 14 Project Learn: Brain Train (Power Hour) SEL (P) - Our strongest motivation, good self-concept, & happiness Group 2 Physical Rotation Group 1 | 15 STEM Rotation all groups SEL (B) - Our Strongest motivation, good self-concept, & happiness Recess Table Time/ Free Time |
| Strong Body and Mind | Sports | 18 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2 | 19 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1 | 20 Project Learn: Brain Train (Power Hour) SEL (P) -Healthy Body and Mind Group 1 Physical Rotation Group 2 | 21 Project Learn: Brain Train (Power Hour) SEL (P) - Healthy Body and Mind Group 2 Physical Rotation Group 1 | 22 STEM Rotation all groups SEL (B) - Healthy Body and Mind Recess Table Time/ Free Time |
| Strong Body and Mind | Food | 25 Project Learn: Brain Train (Power Hour) SMART Moves group 1 Art Rotation group 2 | 26 Project Learn: Brain Train (Power Hour) SMART Moves group 2 Art Rotation Group 1 | 27 Project Learn: Brain Train (Power Hour) SEL (P) - Eating for health avoiding harmful substances Group 1 Physical Rotation Group 2 | 28 Project Learn: Brain Train (Power Hour) SEL (P) - Eating for health avoiding harmful substances Group 2 Physical Rotation Group 1 | 29 STEM Rotation all groups SEL (B) -Eating for health avoiding harmful substances Recess Table Time/ Free Time |

| Daily Schedule | | |
|--|---|--|
| <u>Monday & Tuesday</u> 3:20pm Program begins, Snack, Recess 3:50pm Circle Up-SEL 4:00pm Project Learn: Power Hour/ Brain Train 4:30pm SMART Moves/ Art Rotation 5:15pm Clean up 5:30pm Program Closes, Checkout | <u>Wednesday & Thursday</u> 3:20pm Program begins, Snack/Recess 3:50pm Circle Up-SEL 4:00pm Project Learn: Power Hour/ Brain Train 4:30pm SEL -Positive Action Group 1 (Group 2 Thursday) Physical Rotation Group 2 (Group 1 Thursday) 5:15pm Clean up 5:30pm Program Closes, Checkout | <u>Friday</u> 1:20pm Program begins, snack, recess 1:50pm Circle Up-SEL 2:00 pm STEM Rotation 2:30pm SEL Positive Action Rotation 3:00pm Recess-Brain Break 3:30pm Table Time- Free Time 5:15pm Clean up 5:30pm Program closes, Checkout |

| Contact Info |
|---|
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