

Milford Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1
Pre-Surveys	4	Welcome! 5 -First Day of Club- SEL (P): Positive Action Club -Surveys Power Hour	Club Fun! 6 Smart Moves Power Hour	Club Fun! 7 SEL (B): Positive Action Club -Surveys Power Hour	8
Positively Me	Club Fun! 11 SEL (P) - Feeling Good With Positive Actions Power Hour	Club Fun! 12 Clubs/STEM/HYLA Power Hour	Club Fun! 13 Smart Moves Power Hour	Club Fun! 14 SEL (B) - Feeling Good With Positive Actions Power Hour	15
Positively Me	Club Fun! 18 SEL (P) - A positive way to do everything: Thoughts-Actions-Feelings Circle Power Hour	Club Fun! 19 Clubs/STEM/HYLA Power Hour	Club Fun! 20 Smart Moves Power Hour	Club Fun! 21 SEL (B) - A positive way to do everything: Thoughts-Actions-Feelings Circle Power Hour	22
Positively Me	Club Fun! 25 SEL (P) - Our strongest motivation, good self-concept & happiness Power Hour	Club Fun! 26 Clubs/STEM/HYLA Power Hour	Club Fun! 27 Smart Moves Power Hour	Club Fun! 28 SEL (B) - Our strongest motivation, good self-concept & happiness Power Hour	29

Daily Schedule

- 2:30 - Welcome Check-In & Super Snack**
- 3:00 - Brain Break/Club Fun!**
- 3:30 - SEL-Positive Action (Monday/Thursday) STEM/HYLA (Tuesdays) SEL-SMART Moves (Wednesday)**
- 4:30 - Power Hour (Homework help - Homework may not always get completed. Please check your child's work and their progress!)**
- 5:00 - Club Fun, Reflection and Clean Up**
- 5:30 - End of Program**



Contact Info

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