

# September 2023

# Independence

636 Independence Ave Provo UT 84601



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Self Awareness*

## Get To Know



Hi! My name is Brynn and I am the Site Coordinator at Independence. I am so excited for this opportunity and

to be working here! I am studying Psychology at Utah Valley University and am graduating this December. I love reading and going to concerts with my friends. I grew up in Idaho and loved swimming and playing Volleyball. I am so excited to be a part of Independence!

## Upcoming Events

- 9/1 - Girls Home VB Game
- 9/6 Away VB Game
- 9/11 Boys Away VB Game
- 9/13 Home VB Game
- 9/18 Boys Home VB Game
- 9/20 Away VB Game
- 9/22 Girls Home VB Game
- 9/25 Away VB Game
- 9/27 Home VB Game
- 9/28 Woodward Skating

# Happy Birthday!



**CLUB CLOSED**  
September 4 - Labor Day



## Contact Information:

**Brynn Bowers - Site Coordinator**

Phone:

Email: [Independence@bgcutah.org](mailto:Independence@bgcutah.org)

## Sports Practice

*Monday - Thursday 3:15 - 4:30*

Volleyball Season! Practice everyday that there aren't any games! Anybody can join!

## Homework Help

*Monday - Thursday 3:00 - 4:30*

Come get help with your classes! Math, English, Science, Gear Up is here to help!

## Cooking Club

*Tuesdays 3:00 - 4:30*

Grant teaches how to make meals with anything that you can find in the pantry!

## SEL (Prevention and Behavior)

*Monday - Thursday 3:00 - 3:15*

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!



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