

September 2023

Heritage

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BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Positively Me

Get To Know
JC Sparks
Site Coordinator



I am recently married and am excited to start this school year! I have been working in afterschool programs for 3 years. I am also the PE teacher for Heritage this year. I love exercise, food, and having fun. I am excited to make this a fun year in afterschool!

Upcoming Events

Labor Day - 9/4



www.facebook.com/BGCUtah



www.instagram.com/bgcutah

HAPPY
Birthday
TO YOU

★ No birthdays this month!



CLUB CLOSURES

September 4th - Labor Day

“Education is not the filling of a pail, but the lighting of a fire.” - William Butler Yeats

Contact Information:

JC Sparks - Site Coordinator

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Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYL A activities and also participate in our reading program.

STEM Activity

Thursdays

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

SEL (Prevention & Behavior)

Monday-Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

SMART MOVES

Fridays

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. That you feel good about yourself when you do positive actions.

