## Heber Valley After School Program 2023/2024





Weekly Theme	SEL Weekly Focus	Monday		Tuesday Wednesda		esday	Thursday	Friday
		31		1	2		3	4
		7		8	9		10	11
		14		15	16		17	18
Getting to know you!	Establishing Expectations	21		22	23 First Day of Club! Orientation SEL: pre-surveys Art Club: Self Portraits Friendship Club: Icebreaker Games Get Moving Club: Yard Games		24 SEL: pre-surveys Power Hour Art Club: Self Portraits Friendship Club: Icebreaker Games Get Moving Club: Yard Games	25 SEL: pre-surveys Power Hour Art Club: Self Portraits Friendship Club: Icebreaker Games Get Moving Club: Yard Games
Getting to know you!	Positively You	28 SEL – Positively You STEM Craft Club:All About Me Get Moving Club: Favorite Things Hopscotch Art Club: Drawing my Feelings		29 SEL(P): Feeling good with positive actions. Power Hour Craft Club:All About Me Get Moving Club: Favorite Things Hopscotch Art Club: Drawing my Feelings	30 Power Hour Craft Club:All About Me Get Moving Club: Favorite Things Hopscotch Art Club: Drawing my Feelings		31 SEL(B): Feeling good with positive actions. Power Hour Craft Club:All About Me Get Moving Club: Favorite Things Hopscotch Art Club: Drawing my Feelings	1 Power Hour Craft Club:All About Me Get Moving Club: Favorite Things Hopscotch Art Club: Drawing my Feelings
Daily Schedule   Program Notes								
Arrive 2:15-2:30   Arri     Recess & Snack 2:30-3:00   Rec     SEL - SMART Moves 3:00-4:00   SEL     STEM 4:00-5:00   Pow     CLUBS 5:05-5:40   CLU     Clean up 5:40-6:00   Clean			Arriv Rece SEL Powe CLU Clear	day - Friday ve 3:15-3:30 ess & Snack 3:30-4:00 - Positive Action 4:00-4:30 er Hour/Academic Time 4:30-4:50 IBS 4:55-5:40 n up 5:40-6:00 children must be picked up by 6:00)		•	<ul><li>school.</li><li>Snacks included.</li><li>Club closes at 6:00 PM.</li></ul>	
ļ	WO SER			Contact Info   • Amy Reeves   • Site Coordinator   • Email: amy.reeves@bgcutah.org   Program Address: 730 S 600 W Heber City				