

Heber Valley Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Theme	SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
		28	29	30	31	1
Nature	A positive way to do everything	4 Club Closed Labor Day	5 SEL (P)- A positive way to do everything – Thoughts, Feelings, Actions circle. Power Hour STEM Club: Soil Layers Get Moving Club: Nature Scavenger Hunt Art/Craft Club: Suncatchers	6 Power Hour STEM Club: Soil Layers Get Moving Club: Nature Scavenger Hunt Art/Craft Club: Suncatchers	7 SEL (B)- A positive way to do everything – Thoughts, Feelings, Actions circle. Power Hour STEM Club: Soil Layers Get Moving Club: Nature Scavenger Hunt Art/Craft Club: Suncatchers	8 Power Hour STEM Club: Soil Layers Get Moving Club: Nature Scavenger Hunt Art/Craft Club: Suncatchers
Camping	Feeling good about ourselves	11 SEL – SMART Moves STEM: Solar Oven S'mores Get Moving Club: Camping Scavenger Hunt Art Club: Campfire Art Craft Club: Foam and Bead Crafts	12 SEL (P)- Feeling good about ourselves. Power Hour Get Moving Club: Camping Scavenger Hunt Art Club: Campfire Art Craft Club: Foam and Bead Crafts	13 Power Hour Get Moving Club: Camping Scavenger Hunt Art Club: Campfire Art Craft Club: Foam and Bead Crafts	14 SEL (B)- Feeling good about ourselves. Power Hour Get Moving Club: Camping Scavenger Hunt Art Club: Campfire Art Craft Club: Foam and Bead Crafts	15 Power Hour Get Moving Club: Camping Scavenger Hunt Art Club: Campfire Art Craft Club: Foam and Bead Crafts
All Things from the Sky	Healthy Body and Mind	18 SEL – SMART Moves STEM: Different Types of Clouds Get Moving Club: Ultimate Frisbee Craft Club: Making photos using the sun. Art Club: Fly Kites	19 SEL (P)- Healthy Body and Mind Power Hour Get Moving Club: Ultimate Frisbee Craft Club: Making photos using the sun. Art Club: Fly Kites	20 Power Hour Get Moving Club: Ultimate Frisbee Craft Club: Making photos using the sun. Art Club: Fly Kites	21 SEL (B)- Healthy Body and Mind Power Hour Get Moving Club: Ultimate Frisbee Craft Club: Making photos using the sun. Art Club: Fly Kites	22 Power Hour Get Moving Club: Ultimate Frisbee Craft Club: Making photos using the sun. Art Club: Fly Kites
Fairytales	Eating for health, Avoiding harmful substances	25 SEL – SMART Moves STEM: Humpty Dumpty Egg Drop Get Moving Club: Fairytale Games Art/Craft Club: Fairy Houses	26 SEL (P)- Eating for health, Avoiding harmful substances. Power Hour Get Moving Club: Fairytale Games Art/Craft Club: Fairy Houses	27 Power Hour Get Moving Club: Fairytale Games Art/Craft Club: Fairy Houses	28 SEL (B)- Eating for health, Avoiding harmful substances. Power Hour Get Moving Club: Fairytale Games Art/Craft Club: Fairy Houses	29 Power Hour Get Moving Club: Fairytale Games Art/Craft Club: Fairy Houses

Daily Schedule

Program Notes

Monday
Arrive 2:15-2:30
Recess & Snack 2:30-3:00
SEL - SMART Moves 3:00-4:00
STEM 4:00-5:00
CLUBS 5:05-5:40
Clean up 5:40-6:00

Tuesday - Friday
Arrive 3:15-3:30
Recess & Snack 3:30-4:00
SEL - Positive Action 4:00-4:30
Power Hour/Academic Time 4:30-4:50
CLUBS 4:55-5:40
Clean up 5:40-6:00

- Students not at HVE will be bussed to HVE after school.
- Snacks included.
- **Club closes at 6:00 PM.**
- Pick up on the East side of HVE.



Contact Info

Amy Reeves
Site Coordinator
Email: amy.reeves@bgcutah.org
Phone: Coming Soon!

Program Address: 730 S 600 W Heber City



