

Coral Cliffs

After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31	1 Pos. of the month/Journal Club SMART Moves Lesson Project learn
Positively Me	4 NO SCHOOL OR AFTER SCHOOL PROGRAM	5 SEL(P) Positive Action Animal Breath Club Project Learn <i>A positive way to do everything: Thoughts- Actions-Feelings Circle</i>	6 STEM Lab Animal Breath Club Project Learn	7 SEL(B)Positive action Animal Breath Club Project learn <i>A positive way to do everything: Thoughts- Actions-Feelings Circle</i>	8 SMART Moves Lesson Animal Breath Club Project Learn
Positively Me	11 SEL(P) Positive Action Science Club Project learn <i>Feeling good about ourselves is our strongest motivation, our opinion influences how we feel about yourself and determines our happiness</i>	12 SEL - KID GRIT Science Club Project learn	13 SEL(B) PositiveAction Science Club Project learn <i>Feeling good about ourselves is our strongest motivation, our opinion influences how we feel about ourselves and determines our happiness</i>	14 STEM Lab Science Club Project learn	15 SMART Moves Lesson Science Club Project learn
SEP WEEK Strong Body & Mind	18 SEL(P)Positive Action Jungle Club Project learn <i>Healthy body and mind</i>	19 SEL Kid Grit Jungle Club Project learn	20 SEL(B) PositiveAction Jungle Club Project learn <i>Healthy body and mind</i>	21 STEM Lab Jungle Club Project learn	22 SMART Moves Lesson Jungle Club Project learn
Strong body & Mind	25 SEL(P)Positive Action Senses Club Project learn <i>Eating for health, avoiding harmful substances</i>	26 Positive Action/SEL Senses Club Project learn	27 SEL(B) PositiveAction Senses Club Project learn <i>Eating for health, avoiding harmful substances</i>	28 STEM Lab Senses Club Project learn	29 Journal Club SMART Moves Lesson Club Project learn

Daily Schedule Mon-Thurs		Daily Schedule Friday	
2:35-2:45	CHECK IN	1:00-1:15	CHECK IN
2:45-3:00	Snack Time	1:15-1:45	Recess
3:00-3:15	Feelings Check-in	1:45-2:00	PM Snack
3:15-3:45	Recess	2:00-2:15	Feelings Check-in
3:45-4:15	(P/B)Positive Action/SEL OR Kid-grit/SEL, STEM	2:15-2:45	Project Learn
4:15-4:30	Project Learn	2:45- 3:00	Snack Time
4:30- 5:15	Club Time	3:00-3:30	Outside Club
5:15-5:30	Snack Time	3:30-4:00	ClubTime / Meditation / Brain Break
5:30	PICKUP	4:00-4:30	SMART Moves
		4:30-5:30	FUN Friday Club
		5:30	PICK UP

Contact Info
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