

September 2023

Bonneville

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Orem, Ut 84057
(801) 372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Positively Me and Strong Body and Mind!

Get To Know



Hello, It's me again. None of my staff have submitted their bios to me yet, so I guess I'll have to tell you a bit more about myself. If you didn't get the first newsletter my name is Kaven and I'm the Site Coordinator for Bonneville. I'm pretty much a huge nerd. If something is considered nerdy, chances are I'm into it: Star Wars, Star Trek, super heroes, Dungeons and Dragons, robots, programming, etc... I also really enjoy cooking, playing soccer, and exercising. (although I don't think I can claim to be amazing at any of those)

Upcoming Events

National be late for something day:
September 5th
Fall Equinox: September 23rd

Happy Birthday!

Kaven - Sep 5th
Latu - Sep 23
Kevin - Sep 25
Richie - Sep 26



CLUB CLOSED

September 4th: Labor Day



Contact Information:

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www.facebook.com/BGCUtah

Project Learn/Power Hour

Monday-Thursday 3:30-4:30

Students Have an opportunity each day to work on homework and receive help from our Youth Development Professionals as needed. Other academic activities, such as reading, will be offered to students who do not have any homework to work on.

STEM Labs

Monday-Thursday 4:30-5:30
Friday 3:30-5:30

Starting in September and continuing on through the school year we will have a dedicated STEM Specialist, courtesy of Americorps!

Enrichment

Monday-Thursday 4:30-5:30
Friday 3:30-5:30

Enrichment activities for this month will be based upon the answers to the surveys I administered in August to gauge student interest.

SEL (Prevention and Behavior)

Positive Action-Tuesday and Thursday 3:00-3:30
SMART-Friday 3:00-3:30

SMART: Building Your Group Agreements, Feeling Faces/All the Feels, Emotions Head to Toe, and Time Travelers/Before, During, and After.

Positive Action: A positive way to do everything: Thoughts-Actions-Feelings Circles, Our strongest motivation, good self-concept & happiness, Healthy body and mind, and Eating for health, avoiding harmful substances.



www.instagram.com/bgcutah



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