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Officer's Letter

e want to warmly thank you for your incredible support of the Boys & Girls Clubs of Utah County over the past year! Your generosity has made this year noteworthy with groundwork laid for expansion of afterschool services to southern Utah, expansion of summer programming to four additional sites, addition of a new housing program to support families experiencing homelessness, and outreach efforts to include high fidelity substance abuse prevention programming. We credit the year's successes to the generosity of donors, volunteers, partners, and caring individuals like you.

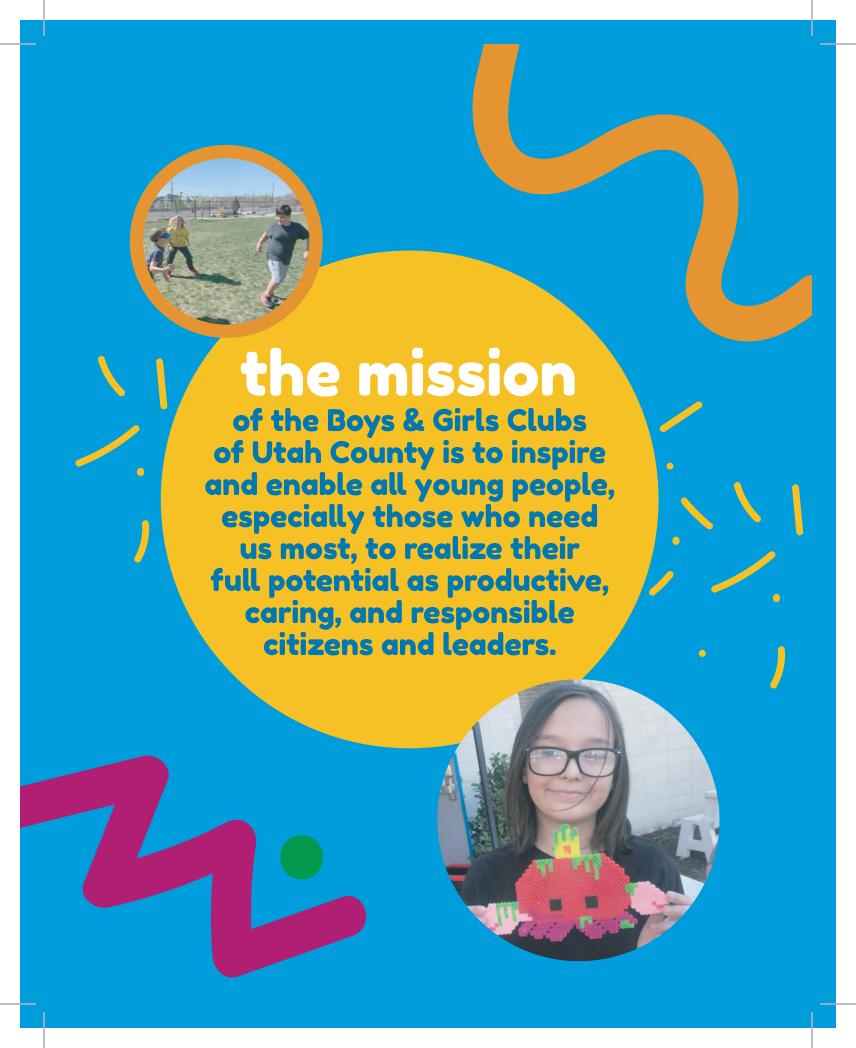
In addition to all the Club's many programs and services, we recently started a mental health program designed to support youth and families who need additional support. Through partnerships with local private providers, our mental health program allows any Club child or family to receive private counseling or therapy from a variety of providers that specialize in family support. We offer this service completely free of charge to Club families as the people who are most in need of mental health services, are often those who are least able to pay for it. All 350+Club staff also have access to this service free of charge. Just as a gym is a way to keep the body at peak levels, mental health services help keep the mind functioning optimally.

In addition to individual mental health services, we offer a broad array of programs that support the mental well-being of kids on a general level. In the education system, this kind of broad approach to helping kids is known as a Tier 1 intervention and is part of a larger multi-tiered system of support that offers increased specialization of services to kids and families who need it the most. One of our favorite Tier 1 programs is Positive Action. Positive Action is an evidence-based program that is founded on the intuitive philosophy that we feel good about ourselves when we do positive actions. The Thoughts-Actions-Feelings Circle illustrates how this works in life: our thoughts lead to actions and those actions lead to feelings about ourselves which in turn lead to more thoughts. We help kids and teens create a positive Thoughts-Actions-Feelings Circle through service to the community, citizenship (both online and in person), and through developing social and emotional competencies. While this program is not a replacement for more intensive and supportive interventions, like private counseling, Positive Action can give a positive boost that lifts individuals, families, and communities.

The foundation of Boys & Girls Club programming is to support Utah families. Whether providing afterschool programs so parents can work and be self-sufficient, or providing meals to kids and families, or providing housing assistance for those most in need, the Club exists to support families.

David Bayles, **Executive Director**

Steve Alsup, Board President



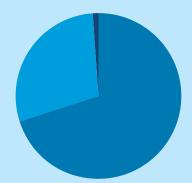
Budget Review

2018 2019 2020 2021 2022

Income \$6,390,247 \$2,399,096 \$2,589,065 \$2,922,881 \$5,534,232

Expenses \$2,339,056 \$2,658,911 \$5,426,325 \$6,146,193 \$2,903,433

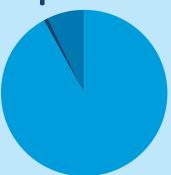




Public Grants: 70% Private Support: 29%

Other Income: 1%

% of Budget Spent on:



Programs: 92% Fundraising: 1%

Admin: 7%

key programs

Total Youth Served: **88,084**

Afterschool/Summer

academic support, experiential learning, enrichment activities, caring adult mentorship, social and emotional learning

Americorps STEM

high-quality, hands-on STEM learning opportunities and resources to thousands of Utah students across the state

Child Nutrition

reduces food insecurity by serving nutritious 5-part meals and 2-part snacks to thousands of youth each year

Net Positive

statewide internet and digital citizenship training for youth, parents, and school teachers and administrators

Family Housing

temporary assistance with rent, deposits, utilities, and other costs for families experiencing homelessness

Prevention Education helps youth form healthy relationships, avoid substance abuse, and learn to manage emotions



After School Programs

The Club provides high-quality afterschool experiences for thousands of youth each year through academic support, experiential learning, enrichment activities, social and emotional learning, caring adult mentorship, and lots of fun!

Increases school <u>attendance</u>

Helps youth develop critical 21st century skills

The Boys & Girls Club...

Improves student academic performance and engagement

Improves high school graduation rates

Provides benefits for schools, families, communities, and the economy



- Belknap Elementary
- 2 Cherry Hill Elementary
- 3 Dixon Middle School 4 Heber Valley Elementary
- Milford Elementary
- 6 Minersville School
- Mt. Nebo Jr. High
- 8 Orem Jr. High
- Parkside Elementary
- 10 Provo Clubhouse
- 11 Sharon Elementary
- 2 Sunset View Elementary
- **Timpanogos Elementary**
- Walden School of Liberal Arts 5 Walden Elementary

of Youth Served:

Partner Sites

- Amelia Earhart Elementary
- **Heber Valley Elementary**
- Orem Jr High
- Provost Elementary

Partnerships

The Boys & Girls Club also provides staff, services, and support to a number of partner schools out-of-school-time programming. Students in these partnership programs participated in a variety of enrichment activities infused with social and emotional learning to help promote healthy behaviors and decision making. 76% of participants increased their knowledge, skills, self-esteem, and peer support to help them make healthy choices and practice responsible behavior by at least 10%.

Demographics



White: 56% Hispanic: 28% Other Races: 16%

Age Break Down



5-11 years: 71% 12-18 years: 29%

Social & Emotional Learning

The goal of our social and emotional learning program is to help Club members become caring, responsible members of their school communities and, ultimately, grow into humane, principled, and skilled citizens of society. We achieve this by building caring relationships, teaching social skills, creating calm, orderly learning environments, and helping students acquire self-discipline.

of Club members increased or maintained high social and emotional competencies after participating in the program

95%
of Club
members try to
help when they
see others
in need

95%
of Club members
feel accepted for
who they are

94% of Club members work to find a solution when they have a problem

5 key components of Social Emotional Learning



self



selt management



social



relationship skills



responsible decision making

Summer Programs

The Club's summer programs support academic learning during the summer months, while also providing positive youth development, social and emotional learning, fun enrichment activities, healthy meals and snacks, and outdoor recreation.



Summer Club Locations

- 1 Cherry Hill Elementary
- 2 Heber Valley Elementary
- 3 Provo Clubhouse
- Sharon Elementary
- 5 Teen High Adventure
- 6 Walden Elementary



"We just love it here.
The Boys & Girls Club is an incredible opportunity for our daughter and we couldn't be happier with her experience."

- Club Parent

"Boys & Girls Club has been a blessing in my son's life, he has been the happiest kid and I'll be forever grateful for all the staff do." - Club Parent



"It's our first year getting my kids involved in the Boys & Girls Club and it has been great!! They love it and I'm so grateful to have found this program." -Club Parent



"This week we finished our Rube Goldberg machine. It took quite a bit of time and was pretty rigorous, however a participant came up after and said "Stem is so fun I LOVE this activity!" He stayed for 30 minutes longer to help. It was a cool affirmation that what we're doing is worthwhile!"

Member

Site Locations

1 Boys & Girls Clubs of Utah County

Boys & Girls Clubs of Greater Salt Lake

Boys & Girls Clubs of Weber Davis

Amelia Earhart Elementary

Antelope Elementary

Olene Walker Elementary

Cherry Hill Elementary

8 Davis School District

UT Tech University PREP

10 UT Tech University STEM

11 Geneva Elementary

12 Jordan School District PrEP

13 Parkside Elementary STEAM

Provo High School - Teens Act

Timpanogos Elementary

16 Sunset View Elementary

17 Sharon Elementary

18 Southern Utah University STEM Center

19 Southern Utah University PREP

20 Salt Lake Community College PREP

21 Utah Valley University PREP

22 Utah Valley University Summer Program



34,300 hours of **STEM** programming

- AmeriCorps

AFTER participating in the **STEM program:**



87% of program participants reported at least one positive change in STEM knowledge, attitude and/or behaviors

94% of program participants increased in academic performance and engagement

Americorps STEM

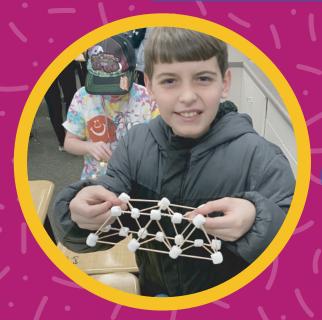
The AmeriCorps Utah STEM Initiative uses AmeriCorps members to provide high-quality STEM learning opportunities and resources to thousands of Utah students. Through engaging, hands-on STEM learning activities, the program improves academic engagement and helps youth develop skills such as critical thinking, problem solving, inference, perseverance, adaptability, cooperation, and responsibility.

"The kids have really been looking forward to the STEM activities. They have learned all about the importance of strong bases in structures, how electricity works, and why technology can be such an asset and tool. It's been so fun to see how excited they get! They each take a sense of ownership in the challenges and work together to perform to the best of their capabilities."

- AmeriCorps Member

112
AmeriCorps
Members

"Our young learners look up to our AmeriCorps members as they teach after school programs each week. The members are welcoming and make the classes challenging and fun." — Site Supervisor



"I learned to never give up even when you want to, even if you think that you cannot go on. I also learned to be there for people that need me and help when I can. I have learned to revise my work and to always try to improve myself or my work."

— STEM Club Participant

of Youth Served: 4,436



FY22 Meals Served: 500,933 379,606 Total: 880,539

Holiday Meal Boxes

This year we delivered 12,000 meals, packaged into boxes of ten, to kids throughout Utah County to keep them well-fed during the holiday break.

"I believe that food is one of the most integral parts of child development. Not only does nutrition impact physical growth but mental, emotional, social, and behavioral growth as well. I work so that children can focus in class, develop friendships, and not worry where their next meal is going to come from. I am so glad to be a part of a team that provides food all over Utah so that kidscan focus on being kids." - Courtney Fritchen, **Child Nutrition Operations Coordinator**

"In the Child Nutrition Program, our goal is to make nutritious meals and snacks accessible to all youth in our community, no matter their background it has been an honor to witness the positive impact this program has made on thousands of lives within our state. Seeing a child light up as you hand them their snack bag is truly humbling and something special to

> be a part of." - Sarah Smith, **Child Nutrition Quality Coordinator**

"Parkside Elementary has loved having the child nutrition program at our school. It consistently provides a healthy afterschool snack for all our students and is especially appreciated by those students who don't have the same opportunities as others. Our students are always excited to see what is in the bags each day and benefit from having a consistent source of healthy food and snacks. Thank you for the difference you make for our Parkside students!" - John Shelton. Parkside Elementary Principal

Child Nutrition

The Child Nutrition Program reduces food insecurity by serving nutritious 5-part meals and 2-part snacks to thousands of youth each year. Food insecurity indicates a lack of access to enough nutritious food for an active, healthy life and negatively impacts a child's physical and mental health, academic achievement, and future economic prosperity.

Each meal includes a whole-grain rich product, a 1/4 cup of fruit, a 1/2 cup of vegetables, a protein, and milk.

1 Belknap Elementary 2 Bicentennial Park 3 Canyon Crest Elementary 4 Cherry Hill Elementary 5 City Center Park 6 Dixon Middle School 7 Franklin Elementary 8 Franklin Park 9 Heber Valley Elementary 10 Lakeview Park 11 Lions Park 12 Milford Elementary 13 Minersville Elementary 14 Mountain View High



Mt Nebo Middle

Sites Served

23 Sharon Elementary
23 South Franklin Community Center
24 Sunset View Elementary
25 Timpanogos Elementary
26 Upward Bound

UVU Prep

Swalden School of Liberal Arts

"I want to share my appreciation for the work and effort that went into developing this curriculum. The units provide a cohesive outline of topics that present a well-rounded perspective on technology use and impact. Content is presented in a thorough, thoughtful, and meaningful way that is easy to adapt to the classroom. In their feedback forms. students shared that the 6 class course was relevant. interesting, and had an impact on their understanding and use of technology." - Lindsay Wellman, **Verde Valley School**

149
schools
participated
in Net
Positive

75,000 students served

90%
of the students
who participated in
Net Positive believe
they are better equipped
to handle safety
issues like online





5 key components of Net Positive







safety education



online respect



digital literacy



preventing online exploitation



LaVell Edwards Memorial Golf Tournament

This year's 21st Annual LaVell Edwards Memorial Golf Tournament was held on May 2 at Riverside Country Club. Through the generosity of individuals, foundations, and corporations, the Club raised \$160,000 to support the Club and provide the building blocks youth need to succeed, including academic support, STEM learning, social and emotional learning, enrichment activities, healthy snacks and meals, and the support of caring adult mentorship. Thank you to everyone who participated in the event!

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Utah Shakespeare Festival Soldier Hollow Classic Texas Roadhouse Titleist Trove Utah Motorsports Campus



Share the Harvest

The 17th Annual Share the Harvest fundraiser was on November 12, 2021. Thank you to all the sponsors, supporters, and committee members for helping us raise over \$120,000 to benefit the Boys & Girls Clubs of Utah County!

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