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Shanni Call, Operations Officer-Afterschool
Kennedy Durfey, Child Nutrition Director
Cole Parkinson, NetSmartz Director
The Afterschool Programs have always had high demand with persistent waitlists that outpace resources. The impacts of Covid-19 have exacerbated the demand for services, but thanks to the generosity of the community, we have been able to reduce waitlists for the first time in the Club’s history, giving more kids access to educational support, social and emotional learning, character building, and time to just be kids. Social and emotional learning (SEL) has been particularly important during the past year as many kids have felt anxious about the future and isolated from support networks. SEL is a much-needed process as it helps kids build resilience by applying the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

The Netsmartz Program continues to prevent the online exploitation and trafficking of children by providing digital citizenship training to Utah students. The goal of the program is to teach kids and teens to avoid potentially harmful online interactions and to feel comfortable discussing any adverse online interactions with a parent or trusted adult. The vast majority of kids who participate in the program report changes to the way they interact online as a result of the training they received. Netsmartz arms kids and teens with the knowledge and skills to recognize, avoid, and report negative online situations.

The AmeriCorps Utah STEM (Science, Technology, Engineering, and Math) Initiative develops our future workforce by partnering with local universities, schools, and businesses to create pathways for students to take advantage of the growing number of technology and trade jobs in the state. The goal for elementary aged kids is to increase interest and positive attitudes towards STEM careers by providing fun, hands-on activities. The goal for middle and high school students is to equip students with skills and knowledge to be successful in obtaining a STEM college degree.

The Child Nutrition Program is a relatively new program (5 years) compared to our other programs, yet it has quickly grown to provide healthy meals and snacks to hundreds of thousands of youth each year. The inception of the nutrition program couldn’t have come at a more opportune time as the Club was well-prepared to support the nutrition needs of kids throughout Covid-19. With dozens of new locations requesting our services, we anticipate the child nutrition program will continue to grow and to help those in need.

We want to warmly thank you for your incredible support of the Boys & Girls Clubs of Utah County over the past year! Your generosity helps thousands of youth in our community receive the skills needed to be productive and responsible citizens and leaders. We credit the year’s successes to supportive donors, volunteers, partners, and caring individuals like you.

Brad Norton, BOARD PRESIDENT

David Bayles, EXECUTIVE DIRECTOR
THE MISSION

OF THE BOYS & GIRLS CLUBS OF UTAH COUNTY IS TO
INSPIRE AND ENABLE ALL YOUNG PEOPLE, ESPECIALLY
THOSE WHO NEED US MOST, TO REALIZE THEIR FULL
POTENTIAL AS PRODUCTIVE, CARING, AND RESPONSIBLE
CITIZENS AND LEADERS.
BUDGET REVIEW

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<td>$2,293,463</td>
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* The Club experienced a significant increase in support due to Covid-19

% of budget spent on:
- Programs: 91%
- Fundraising: 1%
- Admin: 8%

Sources of Income:
- Public Grants: 69%
- Private Support: 29%
- Other Income: 1%
- Member Fees: 1%

The Club’s finances are audited yearly by Gilbert & Stewart, CPA located at 190 W 800 N Provo, Utah
The Club provides high-quality afterschool experiences for thousands of youth each year through academic support, experiential learning, enrichment activities, social and emotional learning, caring adult mentorship, and lots of fun! The Club’s afterschool programs improve educational outcomes, school attendance, and social and emotional learning while also enhancing the social, educational, character, and leadership development of Club members. The Club’s vision is to provide a world-class youth experience that ensures success is within reach of every young person who enters the doors.

Number of Youth Served: 2,980
Program Success:
- 93% of Club members feel safe being themselves at the Club.
- 94% of Club members feel a sense of belonging and have a good time at Club.
- 89% of Club members say staff notice when they try hard.
- 84% of students feel they’re heard and their ideas matter.

Demographics:
- White 53%
- Hispanic 27%
- Other Races 20%

Age of Youth:
- 5-11 Years 54%
- 12-18 Years 46%

The Boys & Girls Club has been a safe space for my kids to be all day and that has been so helpful to our family. - Club Parent

Club Locations:
1. Cherry Hill Elementary
2. Dixon Middle School
3. Geneva Elementary
4. Goshen Elementary
5. Mt. Nebo Junior High
6. Provo Clubhouse
7. Sharon Elementary
8. Sunset View Elementary
9. Timpanogos Elementary
10. Walden Middle School
11. Walden High School
Club staff led the students through a breathing exercise to help them think before they act, control their anger, and calm down when they encounter a conflict or become upset. The following day, Hugo shared with the group that he had been able to practice the deep breathing exercises at home when he became upset, allowing him to navigate the situation more calmly. Through discussions, lessons, and activities, Club members learn how to manage emotions, achieve personal goals, feel and show empathy for others, establish supportive relationships, and make responsible and caring decisions. After participating in social and emotional learning, program participants indicated the following:

- 86% like and trust the program staff
- 88% feel safe and comfortable at the Club
- 93% understand how feelings influence actions
- 88% can control their temper when upset
- 99% care what happens to others

I had several students leave notes on my desk this year, one of those notes, in particular, stood out. This student said, “Thank you for teaching us about emotions, I learned a lot, I don’t think I would have survived the year without your lessons.”

- AFTERSCHOOL STAFF
Partnerships

In addition to running its own afterschool program, the Boys & Girls Club provides staff, services, and support to a number of partner schools’ out-of-school-time programming. Students in these partnership programs participated in a variety of enrichment activities infused with social and emotional learning to help promote healthy behaviors and decision making. 78% of participants increased their knowledge, skills, self-esteem, and peer support to help them make healthy choices and practice responsible behavior.


Boys & Girls Club families had the opportunity to participate in Families Talking Together presented by Centro Hispano. Families Talking Together is designed to reduce risky behaviors in youth by building parent-adolescent relationships and increasing communication skills. 100% of the parents who participated in the program increased their knowledge and confidence to have meaningful discussions with their children.
The Club’s summer programs support academic learning during the summer months while also providing positive youth development, social and emotional learning, fun enrichment activities, healthy meals and snacks, and outdoor recreation.

Throughout the nine-week elementary age summer program, club members participated in daily reading and academic activities, went on educational field trips, played outside, and made lots of new friends!

Junior High and Middle School club members participated in a nine-week High Adventure program filled with character development, social and emotional learning, and of course, lots of outdoor recreation including hiking, swimming, paddle boarding, and canoeing.

Number of Youth Enrolled in a Summer Program: 399

This summer program has been so helpful for our family to have a safe space for our kids to be all day while we are at work. - CLUB PARENT

I am so thankful and appreciate the Boys & Girls Club for having a place for my kids to go. I inquired about summer programs before starting and was told that the Boys & Girls Club is a top-notch program. - CLUB PARENT
My boys loved being with the Boys & Girls Club High Adventure and wish there were programs like this during the whole school year. - CLUB PARENT

So many parents thank us for providing a summer program and tell us their children are enjoying the activities and the chance to interact with their friends. - CLUB STAFF MEMBER

**DEMOGRAPHICS**
- White 49%
- Hispanic 28%
- Other Races 24%

**AGE BREAK DOWN**
- 5-11 Years 80%
- 12-18 Years 20%
The AmeriCorps STEM Initiative uses AmeriCorps members to provide high-quality STEM learning opportunities and resources to thousands of Utah students. Through engaging, hands-on STEM learning activities, the program improves academic engagement and helps youth develop skills such as critical thinking, problem solving, inference, perseverance, adaptability, cooperation, and responsibility. Participation in STEM programs has been shown to improve grades, test scores, and college attendance.

In FY 2021, 131 AmeriCorps members provided over 371,000 hours of STEM training to over 4,800 young people at 20 different sites. Students participated in hundreds of different hands-on STEM learning activities which included learning about structural engineering by building bridges out of popsicle sticks; exploring solar energy by creating solar ovens and baking s'mores in them; launching rockets to learn about chemical reactions, energy, and force; delving into forensic science and fingerprinting; using shortening and plastic wrap to learn about the insulative properties of blubber; and making rainbows using walking water experiments.

"One student complained about STEM being 'hard'. However, after a paper airplane engineering activity, this student was now ecstatic and proud of his final airplane design. This is a pretty big deal for this student who comes from a tough background in transitional housing and often struggles to engage in activities and take pride in his work." - AMERICORPS MEMBER
Our young learners look up to our AmeriCorps members as they teach after school programs each week. The members are welcoming and make the classes challenging and fun. Kids in our programs love to see members outside of the classroom and love that they know them by name and encourage them to try new things. - PROGRAM ADMINISTRATOR

Following a space learning activity using marbles and spandex sheets? YUM. All of us LOVE space! Can we learn more about space? - AMERICORPS MEMBER

1. Boys & Girls Clubs of Utah County
2. Boys & Girls Clubs of Greater Salt Lake
3. Boys & Girls Clubs of Weber Davis
4. Amelia Earhart Elementary
5. Antelope Elementary
6. Olene Walker Elementary
7. Cherry Hill Elementary
8. Dixie State University Prep
9. Dixie State University STEM
10. Geneva Elementary
11. Jordan School District Prep
12. Provo High School - Teens Act
13. Timpanogos Elementary
14. Sunset View Elementary
15. Sharon Elementary
16. Southern Utah University STEM Center
17. Southern Utah University Prep
18. Utah Valley University Prep
19. SLCC PREP
20. YMCA Layton

After participating in the STEM program:

96% of program participants reported at least one positive change in STEM knowledge, attitude and/or behaviors,

87% of program participants demonstrated an increase in academic performance,

Participants rated the program an 8.4 on a scale of 1 to 10 in terms of how engaging and interesting the program is.

The STEM program was evaluated by third-party evaluator Brian Jones, Assessments Coordinator at BYU-Idaho.
The Child Nutrition Program reduces food insecurity by serving nutritious 5-part meals and 2-part snacks to thousands of youth each year. Food insecurity is a lack of access to enough nutritious food for an active, healthy life and negatively impacts a child’s physical and mental health, academic achievement, and future economic prosperity. From humble beginnings, the Child Nutrition program has grown from serving 400 daily meals and snacks to serving over 5000 meals and snacks per day (over 850,000 meals and snacks per year) at schools, local libraries and hospitals, and afterschool and summer programs.

Meet the
Child Nutrition Director, Kennedy Durfey

“I’m thankful to work for an organization that I’m passionate about and that makes me look forward to coming into work each day. It’s highly rewarding to play a part in combating hunger amongst children in Utah and instantly seeing the impact the food program has on those children. Each day, working alongside dedicated staff and committed volunteers, we get to see firsthand the difference the child nutrition program makes for families as we spend hours packaging, delivering, and handing out meals. In the coming years, I’m excited to continue growing the program and closing the nutrition gap in Utah.”

Thank you all so much for your hours of dedication and service this summer in serving lunches. It makes this mama’s life so much easier! -PARENT
Each meal includes a whole-grain rich product, a 1/4 cup of fruit, a 1/2 cup of vegetables, a protein, and milk. A favorite meal amongst the kids included a ham and cheese sandwich on whole grain bread, served with a pineapple fruit cup, baby carrots with ranch dip, string cheese, and chocolate milk.

**FY20**
- Meals Served: 132,218
- Snacks Served: 119,143

**FY21**
- Meals Served: 506,284
- Snacks Served: 359,311

As the principal of one of the most impacted schools in the Provo City School District, I can honestly say that the Child Nutrition program provided by the Boys & Girls Clubs of Utah County is life changing for many of our students. Our students rely on the meals and after-school snacks to help them survive when food is scarce at home, which for some students is a constant reality. Thanks to the Child Nutrition program, our students are able to have an additional daily snack or meal provided to them. - DR. JASON BENSON
According to the Internet Crimes Against Children Task Force, one in five kids is solicited online. **Utah NetSmartz** prevents the online exploitation of children by providing digital citizenship and internet safety training to Utah students in grades K-12. During school closures because of the pandemic, online presentations were provided via zoom and video, and a lesson curriculum was provided to the school staff. Utah NetSmartz also supported parents during this time by offering safety resources that were especially crucial as students spent additional time at home and on screens.

**Cole Parkinson** with NetSmartz has presented his Internet Safety program many times at Ecker Hill Middle School in Park City. We invite him back every year because he is engaging, informative and clearly understands how to relate to his audience of hundreds of middle schoolers! Not only do the students come away with a complete understanding of how to stay safe while using their devices, Cole provides a parent program so families can follow-up with their children at home. Last year when he was unable to come to Ecker in person, he provided an excellent online series we used at Ecker. Cole is reliable, flexible, fun for the kids, and great at his craft. We look forward every year to his presentation because we know how valuable it is for our students.

-- **ECKER MIDDLE SCHOOL ADMINISTRATOR**
Consider a situation where a 13-year old girl enters middle school. During the first month of school she's trying to find her place, meet new friends, and keep up with fashionable trends. One night she receives a really sweet message on her smartphone device from a student her age who lives on the other side of the state. After a week of messaging, they've talked about mutual friends and common interests and have shared secrets with each other. As the relationship grows, this teenager finds that her need to belong and be understood is being met through this online relationship. However, this tactic is often used by online predators to exploit youth, creating an extremely dangerous situation for both the teenager and our communities. The Utah NetSmartz program educates students on the red flags of online predators and encourages youth to use their voice despite feelings of anxiety. Over 90% of the students participating in Utah NetSmartz believe they are better equipped to handle safety issues like online exploitation. Student participants are also more likely to use technology in a positive, constructive, and/or educational way.

In FY21, 122 schools participated in a Utah NetSmartz training and utilized the 42-lesson plan curriculum to teach their students about digital citizenship and internet safety.

We love the NetSmartz Assemblies. They are a fun and interactive way for students to be reminded of safety procedures they should always be following...

What a great program available for Utah Schools! 
- CAMI THOMAS, PRINCIPAL AT MAPLETON ELEMENTARY
This year’s 20th Annual LaVell Edwards Memorial Golf Tournament was held on May 3 at Riverside Country Club. Through the generosity of individuals, foundations, and corporations, the Club raised $160,000 to support the Club and provide the building blocks youth need to succeed, including academic support, STEM learning, social and emotional learning, enrichment activities, healthy snacks and meals, and the support of caring adult mentorship. Thank you to everyone who participated in the event!

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The 16th Annual Share the Harvest fundraiser was held virtually November 13-20th, 2020. Thank you to all the sponsors, supporters, and committee members who helped raise over $60,000 to benefit the Boys & Girls Clubs of Utah County!

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Scott Johnson  Steve Alsop

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RESPECT:
This is what respect means to me.

[Image of children with a note saying "RESPECT"]