

## Power Hour Youth Survey (Ages 10 to 12)

Thank you for being in this study of Power Hour by completing this survey. We need your help to better understand and improve the Power Hour program at the Boys & Girls Club.

This is not a test. Please answer all of the questions as honestly as you can. If you are uncomfortable answering a question, you may leave it blank.

Thanks again for your help!

Name (please print clearly): \_\_\_\_\_

Your Date of Birth (month and day): \_\_\_\_\_

Today's Date (month/date/year): \_\_\_\_\_



**THE FIRST QUESTIONS ASK ABOUT THE CLUB.**

1. I have been a member of this Club for (please choose one answer):

- <sub>1</sub> 3 months or less
- <sub>2</sub> More than 3 months, less than 1 year
- <sub>3</sub> Between 1 and 2 years
- <sub>4</sub> More than 2 years

2. In the past 4 weeks, how many times did you come to this Boys & Girls Club?  
(please choose one answer)

- <sub>1</sub> Not at all
- <sub>2</sub> One to three times in the past 4 weeks
- <sub>3</sub> Once or twice a week
- <sub>4</sub> Three or more times a week

3. Please check (✓) one box after each sentence.

	Very True <sub>1</sub>	Sort of True <sub>2</sub>	Not Very True <sub>3</sub>	Not at All True <sub>4</sub>
a. Club staff care about what happens to me.				
b. At the Club, I feel safe.				
c. I like the way other kids treat me at the Club.				
d. I feel like I belong at the Club.				
e. I have fun at the Club.				
f. I have a say in what happens at the Club.				
g. I can talk to staff at the Club about things that are bothering me.				
h. Staff at the Club try to be fair with kids.				
i. Staff at the Club know what interests me.				



4. Have you participated in any of the following Boys & Girls Club programs? (please choose one answer for each **program**)

- |  | <b>Yes</b>                            | <b>No</b>                             |
|--|---------------------------------------|---------------------------------------|
| a. Homework help/tutoring (ex., Power Hour)                  | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| b. Reading program/book club                                 | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| c. Academic goal-setting (ex., Goals for Graduation)         | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| d. Tech lab/computer program/digital arts                    | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| e. Career fair/speaker                                       | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| f. Arts or crafts (ex., ImageMakers, Fine Arts, chorus)      | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| g. Leadership or service club (ex., Torch Club)              | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| h. Health and life skills (ex., SMART Moves)                 | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |
| i. Sports or fitness programs (ex., basketball, Triple Play) | <input type="checkbox"/> <sub>1</sub> | <input type="checkbox"/> <sub>2</sub> |

5. Last week, how many times did you come to Power Hour? (please choose one answer)

- <sub>1</sub> Not at all
- <sub>2</sub> Once
- <sub>3</sub> Twice
- <sub>4</sub> Three or more times

6. Please check (✓) one box after each sentence.

	Very True <sub>1</sub>	Sort of True <sub>2</sub>	Not Very True <sub>3</sub>	Not at All True <sub>4</sub>	I do not go to Power Hour <sub>5</sub>
a. Power Hour helps me get my homework done on time.					
b. Power Hour activities are fun and interesting.					
c. I look forward to going to Power Hour.					
d. Power Hour helps me do better in school.					
e. I tell my friends to go to Power Hour.					
f. The staff at Power Hour are helpful.					



7. Why do you go to Power Hour? (check all that apply)

- <sub>0</sub> I do not go to Power Hour.
- <sub>1</sub> Adults at the Club tell me to go to Power Hour.
- <sub>2</sub> My parents or guardians tell me to go to Power Hour.
- <sub>3</sub> My friends tell me to go to Power Hour.
- <sub>4</sub> I just want to go to Power Hour.
- <sub>5</sub> Other reason (please describe): \_\_\_\_\_

8. Which of the following activities do you participate in during Power Hour?  
(check all that apply)

- <sub>0</sub> I do not go to Power Hour.
- <sub>1</sub> Working one-on-one with a tutor.
- <sub>2</sub> Working in a small group with a tutor.
- <sub>3</sub> Doing my homework by myself.
- <sub>4</sub> Doing my homework with other youth.
- <sub>5</sub> Doing my homework with Power Hour staff.
- <sub>6</sub> Do worksheets or Power Pages (such as word puzzles and practice math problems).
- <sub>7</sub> Other activities (please describe below):



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**THE NEXT QUESTIONS ASK ABOUT SCHOOL AND HOMEWORK.**

9. On my last report card, my grades were (please choose one answer):

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> <sub>1</sub> Mostly Fs | <input type="checkbox"/> <sub>5</sub> Mostly Cs | <input type="checkbox"/> <sub>9</sub> Mostly As                |
| <input type="checkbox"/> <sub>2</sub> Ds and Fs | <input type="checkbox"/> <sub>6</sub> Bs and Cs | <input type="checkbox"/> <sub>10</sub> Other (write in below): |
| <input type="checkbox"/> <sub>3</sub> Mostly Ds | <input type="checkbox"/> <sub>7</sub> Mostly Bs | _____  |
| <input type="checkbox"/> <sub>4</sub> Cs and Ds | <input type="checkbox"/> <sub>8</sub> As and Bs |  |



10. On my last report card, my grade in **Math class** was (please choose one answer):

- <sub>1</sub> F
  - <sub>2</sub> D
  - <sub>3</sub> C
  - <sub>4</sub> B
  - <sub>5</sub> A
  - <sub>6</sub> Other. Describe below:
- 

11. On my last report card, my grade in my **Language Arts class** was (please choose one answer):

- <sub>1</sub> F
  - <sub>2</sub> D
  - <sub>3</sub> C
  - <sub>4</sub> B
  - <sub>5</sub> A
  - <sub>6</sub> Other. Describe below:
- 

12. I complete my homework on time (please choose one answer):

- <sub>1</sub> Never
- <sub>2</sub> Sometimes
- <sub>3</sub> About half the time
- <sub>4</sub> Most of the time
- <sub>5</sub> All of the time
- <sub>0</sub> I don't have any homework



13. **Last week**, how many hours did you spend on your homework, in and out of school? (please choose one answer)

- <sub>0</sub> I did not have any homework.
- <sub>1</sub> I had homework, but did not do it.
- <sub>2</sub> 2 hours or less
- <sub>3</sub> More than 2 hours but less than 5 hours
- <sub>4</sub> 5 hours or more

14. How often do you forget to bring these things to class? (make a check mark ✓ in the appropriate boxes)

	I never forget <sub>1</sub>	I forget once in a while <sub>2</sub>	I forget often <sub>3</sub>	I usually forget <sub>4</sub>	Does not apply <sub>5</sub>
a. Pencil/pen or paper					
b. Books					
c. Homework done					
d. School agenda/folder					

15. Over the past school year, about how many days of school did you miss? (please choose one answer)

- <sub>0</sub> None - I did not miss any days of school.
- <sub>1</sub> I missed 1 or 2 days of school.
- <sub>2</sub> I missed between 3 and 5 days of school.
- <sub>3</sub> I missed between 6 and 10 days of school.
- <sub>4</sub> I missed more than 10 days of school.



16. Over the past school year: (make a check mark ✓ in the appropriate boxes):

	Never <sub>1</sub>	Once in a while <sub>2</sub>	Often <sub>3</sub>	Usually <sub>4</sub>
a. I was late for school.				
b. I cut/skip class.				
c. I was absent from school.				
d. I got in trouble for not following school rules.				
e. I got in-school suspension.				
f. I was suspended from school or put on probation.				

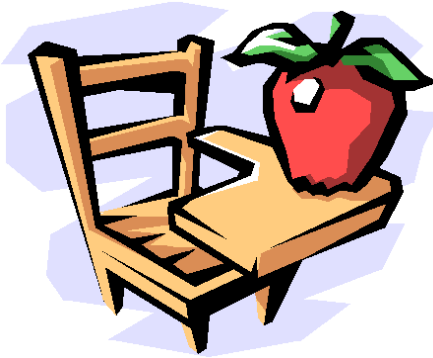
17. How often do your parents/guardians do the following? (make a check mark ✓ in the appropriate boxes):

	Never <sub>1</sub>	Once in a while <sub>2</sub>	Often <sub>3</sub>	Usually <sub>4</sub>
a. Check on whether you have done your homework				
b. Help you with your homework				



18. How true is each of the following? (make a check mark ✓ in the appropriate boxes):

	Very True <sub>1</sub>	Sort of True <sub>2</sub>	Not Very True <sub>3</sub>	Not at All True <sub>4</sub>
a. I work very hard on my schoolwork.				
b. I don't try very hard in school.				
c. I pay attention in class.				
d. I often come to class unprepared.				



19. How far in school do you think you will get? (please choose one answer)

- <sub>1</sub> Not graduate from high school
- <sub>2</sub> High school diploma or GED
- <sub>3</sub> Two-year college degree
- <sub>4</sub> Four-year college/university degree
- <sub>5</sub> Graduate degree (Master's, Ph.D., M.D., etc.)
- <sub>6</sub> Other (please describe): \_\_\_\_\_





**THE NEXT QUESTIONS ASK HOW YOU FEEL ABOUT YOURSELF.**

20. Make a check mark (✓) in one box after each sentence below.

	All of the time <sub>1</sub>	Most of the time <sub>2</sub>	Some of the time <sub>3</sub>	Never <sub>4</sub>
a. I feel good about myself.				
b. I feel I have control over things that happen to me.				
c. I feel that I can make a difference.				
d. I am good at learning new things.				
e. I feel good about my future.				

**Congratulations-you completed the survey!**

Thanks for helping us by sharing your thoughts and feelings.

